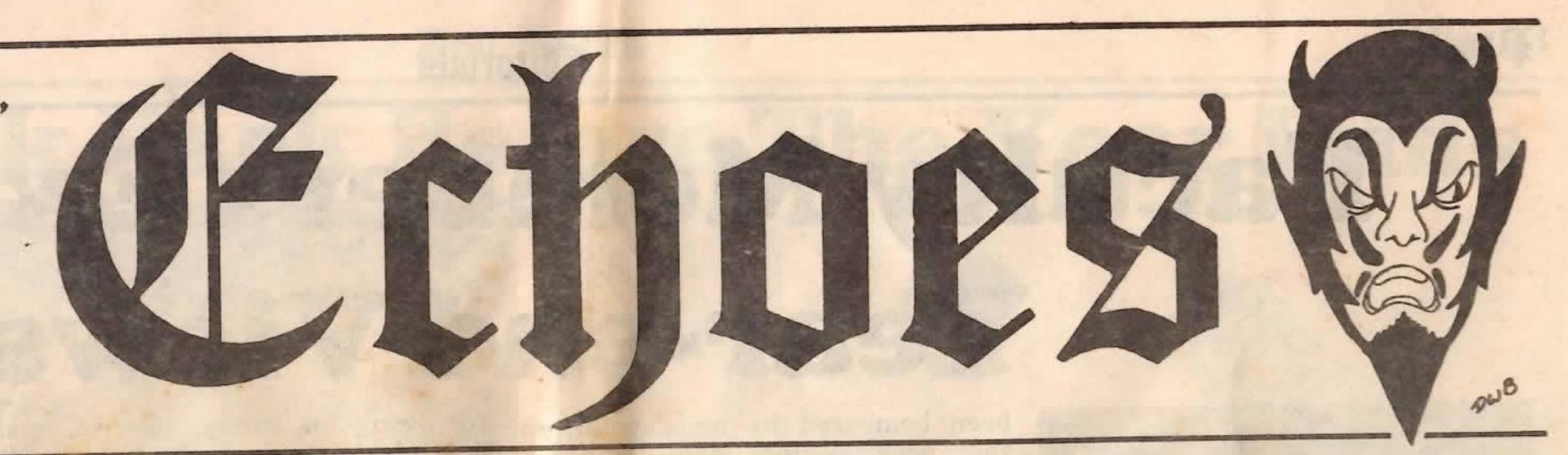
Nile C. Kinnick High School,

Pokosuka, Japan Hol. XXXXII Ro. 11

June 11, 1985



# Seniors Prove To Be Best At Yo-Hi Day

On May 31, the awaited Yo-Hi Day was held in the Thew Gym. A year in Kinnick would never feel complete without this school field day, but to a lot of people, it's probably still hard to believe that it had all passed--over a week, in fact.

Unlike how it was done in recent years, there was no half-day of school, with "classes" being only ten minutes long that day. The bell rang at 7:40, dismissing everyone for the assembly at the Benny Decker Theater. There, student council vice-president Rusty Stephan and secretary Robert Tommaselli, along with several other members of student council, explained and demonstrated the events to be performed that day. Then, the class presidents gathered on stage to draw lots for the cars to be used in the car pack and car push, the first two events.

The car pack was done in the parking lot in front of the school. The seventh graders proved their littleness to be an advantage by coming in first. The cars were then moved into the street in front of the cafe, where they were pushed to the gym in the car push. In this event, the Juniors sdhowed their strength was above the Seniors' by getting first.

The various other games were held down at the gym, where everyone went after the car push. According to Yo-Hi tradition, Coach Fong should be the emcee, and this year was no exception. In his usual cheerful manner, he gave the audience the games' proceedings, the winners of the games, the time for each class to get lunch, and a few jokes to cheer up the audience, which of course was already cheered up enough.

A lot of the games had been introduced into Yo-Hi Day for the

thought them up. One of them was the marshmallow stuff, in which a player had to stuff the most marshmallows into his/her mouth to win. While encouraged by the chanting of "Bauman, Bauman!" by his class, sophomore Billy Bauman stuffed enough marshmallows into his mouth to get his class to win the game. While most other classes had the marshmallow count in the twenties, Bauman had held in his mouth 31 marshmallows.

The whole day was ended off with the usual tug-of-war. Unfortunately for the Seniors, they lost against the Juniors despite their long struggle to

get the rope back ahead in their

favor, but they managed to follow in as second.

The fun ended that day, but its suspense carried on to the following

Monday-the suspense on who was the overall winner. Seniors turned out to be the number one class, and the Juniors and Sophomores in a tie for second.





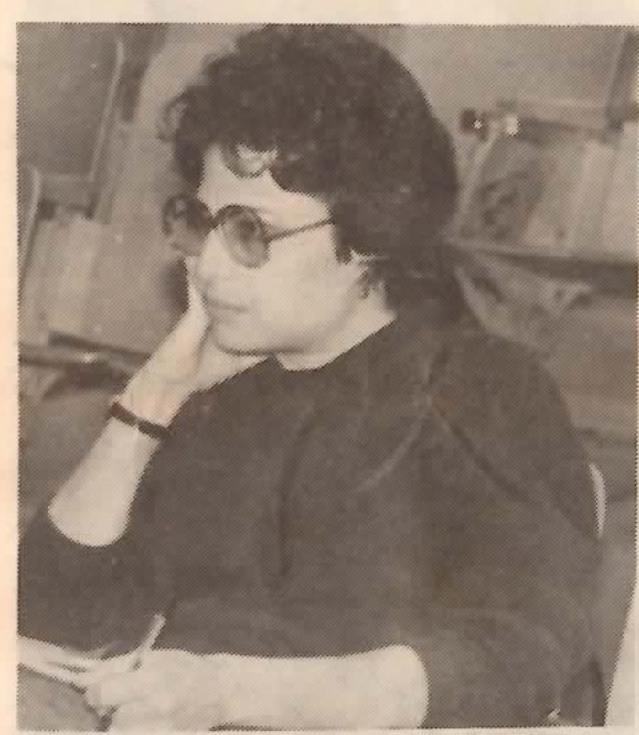


Top Left: Junior Chris Elders was one of the several participants who endured the ice pass. Top: Robert Kephart hoods his face up as an egg is dropped into his mouth-held cup in the egg drop. Above: The Juniors just starting what would become their victorius car push. Left: Senior Bill Nicely whops junior Mike Epperson in the most exciting gladiators bout.



Mr. McCullough's three dedicated seventh period aides, Christa Kober, Erin McConnell and Jennifer Kiseljack, take time during the 1985 Junior/Senior Prom for a smile.

# Faculty Members Express Year-end Views



I think I will be ten minutes late to leave on Friday, June 14th — not out of choice, because I am really looking forward to a long vacation this summer with my family, but simply because I have been running about ten minutes late all year. This may not seem significant to you at first, but it really has mattered to me and my students. Quantity — in this case, seven classes — has not necessarily meant quality. We have lost time this year — time to work together on a project, time to discuss that question interrupted by the bell yesterday, time to digress a bit and share a joke, time to get to know each other a little. Shortened class time and one more class have made me anxious, sometimes impatient, often careless, hurried, harried. To make it worse we've

### Farewell

Now that the year comes to an end, the Echoes staff would like to bid farewell to the following staff members: Mr. Angelo Isgro, Mr. Loren Logie, and Mrs. Kathy Shuey.

Angelo Isgro has taught at Yo-Hi for 4 years. Some of the courses he has taught are junior high Math, Algebra and Basic Algebra. Mr. Isgro will be leaving for Florida.

Loren Logie, who has taught Physics in addition to other science courses, will have ended his second year this year. Mr. Logie's next

destination will be Washington state. Kathy Shuey, who has taught here for seven years, is going to California over the summer. She has taught Social Studies courses, Psychology, and Sociology.

Now that the year is drawing to a close, it is time that we look back at this year in review. This is not a review for review's sake, however. Now is a good time to look back at this past year to make the coming school year better.

First of all, the seven period schedule can be improved. Forty-five minutes is just long enough for the average class, it doesn't leave much (enough) time to waste, and it can be discouragingly short for that occasional long test. If we lengthened the entire day, school would either get out later or start earlier. Both suggestions are undesirable to different people. Another suggestion would be to shorten, or even eliminate snack break completely. Again there would be some against this since it has become a vital part of our high school life. Perhaps five minute-passing period it isn't as necessary as everyone thinks. The individual teacher should be able to decide on how much

been bombared by noise pollution this year — too many students wandering the halls during class, (remember, my walls are temporary) and jackhammers pounding; also, we are crowded - the dark hallways are jammed with bodies shoving between classes. Every inch of classroom space is used to the limit.

And yet, in many ways this has been a rewarding year for me because of many of you students, who have worked heroically despite the confusion - from October through March, you faithfully rehearsed two - three hours everyday, plus a lot of weekends, because you shared with me a real enjoyment of theater. We worked hard together, for the sake of the play, not the individual reward. I want to express my gratitude to a few people for making this a great year for me - to Morgan, for filling in at the last minute even though you were too busy, and for all your energy, to Erica, for telling us your stories, to Elizabeth, for being courageous, to Lori for never giving up, to Michael

for being so funny, precise, and dependable, to Scott, for falling off the stage at least 30 times without ever complaining, and especially to Bing, for setting a perfect example of mature, unselfish commitment to drama for over two years, and to everyone else who, by just being you made this absent-minded, grouchy, and often tired teacher remember why I had wanted to teach in the first place.

> Jeanne Fong Drama Instructor

#### LOWS:

- 1. Discovering that not all the lockers had urrived
- 2. Having to spend lots of time dealing with trumcy
- 3. Learning that our stealing problem had spread to the faculty lounge where two teachers had either gifts or money stolen from them. Recently, a teacher had a yearbook stolen.
- 4. Learning that cheating was becoming more widespread at school.

### Principal Discusses New Plans

In an interview with Yo-Hi principal Carolyn Grasmehr, a number of questions were asked concerning the 1984-85 school year and the year to come.

When asked how she thought the student council handled itself this year, Grasmehr replied, "The student council did a very professional job, handling the school's activities very well." Grasmehr's response to studnet behavior this year was interesting, "Truancy was a large problem this year, and to fight this problem a new disciplinary measure might be applied, Saturday ISS." This program, according to Grasmehr, would be put into effect if the truancy next year is as bad as this year's was. When asked her feelings on the drug incident this year with the butane sniffing, Grasmehr responded, "I think that the message got across to the students about the seriousness of the situation." Grasmehr went on to explain that with the slides provided by the hospital, the students got a good understanding of what the results would be from this habit.

When the topic was raised about the new school building to be built, Grasmehr explained, "The money is trying to be raised to start the building on the school. A Japanese company might be contracted to do the work sometime in 1987." Grasmehr explained further that the new school would be built around the old one and that the old building would be torn down to make room for a court yard in the center of the new building. The new building would have a cafeteria and its own gym and locker rooms. The new building would have a very modern look to it, the band room will be part of the main building and there will be terraces on the third floor. The new Yo-Hi will be a great sight to see. Adding another administrative idea that will involve students, Grasmehr said, "We will try to start a cocoa and donut sesion where two students from each class will met with the principal and vice-principal one morning a week to discuss recent school events and give their opinion on certain subjects.

### What was Wrong with This Year?

time it would take for a student to get from on class to another. If a student doesn't come early enough in spite of this, he/she probably wouldn't come to class early even if the five-minute passing period existed. The elimination of these five minute frenzies would gain about 35 minutes for the

entire day. The limit of ten days of absence in a quarter for a student doesn't work either. Since the consequences of leaving school for more that ten days depend on the situation (if the excuse is good enough, you won't flunk the entire quarter), this rule is not as strict as it may seem. Besides, ten days is a long time. If one were to stretch this to the limit, one would be able to stay home for two weeks! Even more apalling is the fact that it is possible to stay home Friday for every week of the entire school year, and still have a four days left over! Not many students seem to have

realized this . . .

It is hard to tell in the beginning of the year whether or not any certain course will suit you. There is a provision for students to switch courses freely in the first two weeks of a semester. This is good for the student as well as the teacher who won't need to go through the trouble of flunking a student who could not have made it in that class anyway. The length of time, however, is too long. By the end of the first week, a student can tell if he/she belongs in that class. The extra week just gives the student more time to procrastinate and disturb a class whose other students have settled down a week before.

Of course, there is no guarantee that the above mentioned suggestions will be used. They are simply things that occured to me during this school year that may help make the next school year better.

- 5. Having to repeatedly counsel 7th and 8th graders (particularly girls) who had been cruel to each other e.g., threatened each other with such polite phrases as, "I'm gonna kick your butt."
- 6. Learning that Mrs. Grusmehr would be away for six consecutive weeks with no one assigned to help administratively.

#### HIGHS:

- Observing some students mature and stop getting into trouble as frequently as during the previous year.
- 2. Observing the many co-curricular activities we have at Kinnick and the outstanding effort put forth by many of our students.
- 3. Noting that many KHS students have grade point average of 3.0 or better and many were inducted into the Honor Societies.
- 4. Helping with and/or watching the many excellent assemblies held at KHS this year. To mention a few-The Artists in Residence, Kyogen, the Mini-concert, Pacific Showcase, Navy Band, etc., plus our own wellorganized student-directed assemblies.
- 5. Getting to know many KHS students better and realizing how many neat kids go to school here.
- 6. Developing a belief that KHS is the best high school in the Pacific.
- 7. Discovering how many students, teachers, and parents were willing to help our school by planning and/or working at the bazaar.

**Bruce Derr** Vice Principal

### Echoes



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### Let's Look Back Before The Year Ends



Medical Explorers "is excellent exposure and experience, it's really a great opportunity," claims Elizabeth Felt, the treasurer of this club sponsored by the U.S.N.H. The Medical Explorers did activities from learning CPR to touring a pathologist's collection of body parts. "It made me want to go into the medical field," admits the secretary, Tracy Ramos.

The Voice of Democracy is a contest given once a year. Christy Hesby wrote this year's winning essay. She suggests that in order to win this contest in the future you should possess "creativity and a lot of hard work."

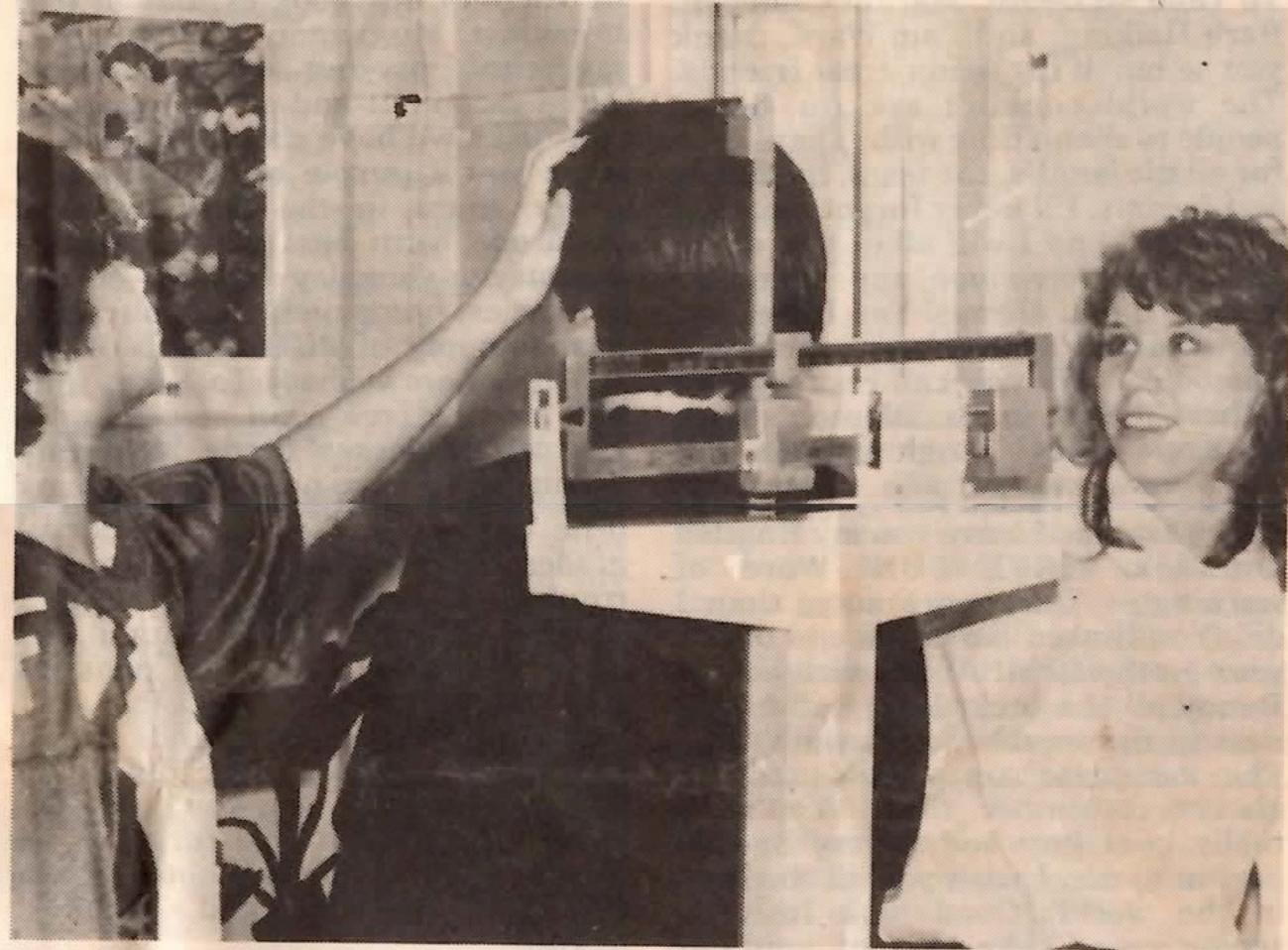
"After we did our play we knew we did a great job, that all the pain and sweat had finally paid off. We felt as if we had accomplished something great." These are the feelings of Lori

Hon, a member of the Yo-Hi drama group who performed the play "14,000,000" at the Far East drama festival in the Philippines.

The band travelled to do extracurricular activities at openings of hotels which some of the band members particularly enjoyed. Honor Band members went to a special contest in Korea. Tina Snyder's comments for next year's band members are, "work hard if you go in band and don't let other people influence you."

This year's student council president, Christy Hesby says, "There were a number of people who reallyworked hard for the school and their efforts should be appreciated." Her advice to next year's president Carla Anderson is, "Carla will need to ask as many people as possible to get involved to make Yo-Hi a better place."





Top Left: Chris Elders (left) and Edgar Tiongson display their other selves on Nerd Day of Spirit Week. Top Right: Scott Wilson and Lori Hon act out a scene from the Far East Drama Tournament's number one play, "14,000,000". Above: Two of the many volunteers during the school's successful first Health Fair.

## What Was It Like To Be A Senior?

As a senior, there are many things that you could feel throughout the year. Happiness of knowing it's your last year, fear of having to repeat it if you don't pass your classes. The major classes like Ms. Ivie's U.S. History class. Or Mr. Schmidt's English class. Or maybe there is just a sadness of leaving friends you've made over the years.

Yo-Hi's Senior class made a few comments on how they felt as a senior:

SCOTT WILSON-"Laid back."

BILLY NICELY—"Better than being a junior."

TERRY HUGGINS—"It's great! It makes you feel like, 'Hey! You're almost on your own.' And opens your eyes to making you realize you better do your homework if you plan on graduating."

MELISSA OMEGA—"You can really kick back with all the free time you have in school (free periods) and the work load is not as heavy as last year because you only have a few required classes left out of seven classes in the day."

ERIN McCONNELL—"It's pretty cool cause you can get away with a few more things than before — but it's sorta hard cause there's a lot of

things to do."

PAM OKAMOTO—"Great! Coming to school just to have fun."

JENNIFER KISELJACK—"The ultimate! HA HA!"

YOKO BRUNO—"I feel pretty much the same."

CHRISTY HESBY—"Great because you get a lot of free periods and you can go lay in the sun, while everyone else is in school!"

BARBARA GOUSLIN—"You don't have to worry about what other people think of you, because it really doesn't matter."

DIANE SHRIEVE—"A hassle! Seniors are suppose to be able to relax.

KELLIE MAHONEY—"It's great, it's fantastic, it's wonderful, it's everthing I hoped it would be. It's also great to know that after 12 years of school, we're almost done!"

BING POCKALNY—"It's the most mistified state of feeling. And no one is quite sure what it is until they reach this point."

JIMMY FRAZIER—"It's a normal feeling."

DEBBIE TABER—"Oh, man! I don't feel any different but that's only physical. Mentally, I feel free. It's the Ultimate feeling."

TRACY BECKMANN-"Even

school days, you still have the feeling of accomplishing something in your life. And the feeling is GREAT! Good luck to the Class of 86."

### . . And What Will You Miss?

A few seniors were also asked, "What is one or two things that you will miss from you years at Kinnick?" Many will miss friends, but there are other things too:

Greg Sweet: Sleeping in my classes.

Ron Andrews: My special friends.

Shannon Stovall: The people and the good times.

Sherry Dykstra: Just my friends.

Kathy Anico: I'll really miss the friends I made and the little time I've been here.

Anita Wilson: Friends, Mr. Blanton's Aggie jokes, Mrs. J's teenage ways, Mr. Annibals' guidance and Shawn Young's face and body.

Barbara Gouslin: Nothing . . . Friends.

Diane Shreve: Being able to wander

the halls freely and my friends and Mr. Schmidt.

Michael Westbay: Tina.

Tina Fuge: My friends and my sanity.

Jennifer Tabb: My friends and nothing else.

Yoko Bruno: My friends and volleyball.

Michael Maljevac: Nothing. I don't know.

Carl Bolin: My friends and track and Cross Country and my favorite person, Ms. Ivie.

Pam Okamoto: All my friends, my teachers and volleyball!!

Jennifer Kiseljack: My friends and getting Tabs at the Cafe.

Billy Nicely: The newspaper class. Chris Labato: My freshman and sophomore years.

## Seniors: Last Will And Testaments

I Anita LaVette Wilson, being of sound mind and body, hereby leave my love and friendship to all those people at Yo-Hi who have always been there to help me through my last 3 years at Kinnick. Special thanks to Mr Schmidt and the rest of my teachers. If it wasn't for them, I couldn't have made it to this point in my life.

I leave extra special thanks to the following people because without them life would have been incredibly hard and not to forget very dull: Aida Ciballos for her special friendship and advice during the prom, Yo-Hi day, etc. last year. To Dana Russell, for being so sweet, and being there whenever I needed someone to help me with my problems and Lord knows I had my share. To Kathy Malone, you were always there and you could always brighten my day. To Tami McDevitt, Marion Calderon, Barb Heiking, and Pam Ward, thank you so much for being great friends. The world couldn't ask for better people to spend time with. Thank you for all the laughs, the tears, the hopes and dreams. I'll never forget the good ole times. And I will all of you a pen and paper, envelope and stamp to keep in touch always. You better.

I will Dana Russell my government notebook. And you can rest assured to have a blast in Mr. Blanton's with his aggie jokes! Laugh at them and it's a sure way to pass. (smile) To Kathy Malone I leave you my English notebook. HAVE FUN! Word of warning — Take more notes than I did. You'll need'em at the end of the year on the final! Also I wish you-n-Danny all the luck, love, and happiness in the world. To Shawn Yojng-The memories are special and I'll always remember them. You're a really cool guy and a very special person to me. I wish you all the luck in the world. Good luck in your senior year. Take care of yourself and don't break too many hearts next year. I leave you the same memories that I cherish in our friendship. Keep in touch! To all the Senior Class of 1985. I would like to take this chance to tell everybody — you guys are really great people! I'm glad I had the chance to become close to some. And well, the others, you were still friends. Guys keep smiling and good luck in the future. Hope we all will see each other again at the Yo-Hi reunions! To Tawana Federicks. "Home-girl" you never shut up!. But I love you anyway. Take care of yourself and please stay out of trouble. Remember those "Big sis-Little sis" talks I always gave you. Thanks for being such a pain. Without you my classes would have been so much more normal! (smile) Keep in touch. Ms. Lane. I will you all the money I have in my senior Math Bank Account. Thanks for being that teacher that was more of a friend. Sometimes a student really needs that. Your class will be one big help to me. And I advise all seniors next year to take this class! It's Great! To Reginald Kier, I leave a place in my heart and an everlasting friendship. Thank you for going to the prom this year. I realize you were very uncomfortable at first. To my friends that I didn't mention yet. Don't worry, I haven't forgotten about you guys. Thank you for the good times! The good times I will always cherish. I would like to say this especially to Mona Beck, Stacy Fulkerson, Roxanna Davis, Felecia Franklin, Tina Quinton, Tracy Beckmann.

Special thanks to Tracy for helping me with Brantz. I still don't know how to handle things. But in time. Then last but certainly not east, Mom

and Dad-and George & Anthony-I will you all my thanks for your patience with me during this last year. I know at times I was a royal pain, and I love you all very much for putting up with me. I'm so happy that I'm getting ready to graduate, and I owe an awful lot to you for the time you've spent in helping me get here. I appreciate it. The time seems like it would never get here. Thank you for all the guidance, and advice, I know at times you probably felt it was all going in one ear and out the other, but actually I remember and appreciate it all. To anyone who may feel left out or forgotten-I love you too.

I Jennifer Kiseljack being of sound mind and body, hereby leave my: feather pillow to Sabrina — next time we go to Korea you should try to get some sleep! To Christy I leave a bag of Rich-n-Chip cookies and a free breakfast. Mugwump — I leave you my tennis playing ability, a pizza, three racoons!! and all of the other fun times we have shared. Christa, I leave you a purple brush (which is really yours in the first place) a wardrobe, with bass shoes, and my bra maybe someday (syke) a couple of berries, home picked of course! A year's supply of PGM and all of the fun times we've had! To Kate, four new tires, a free refill of gas and a new pair of glasses! Cindy, I leave my driving skills (you need them!) To my little brother I leave my wonderful grades and just hope he stays out of trouble. To the Ricker I leave a Tobler — Marvin says Hi! Nump — I leave you a year's supply of poptarts and bubble yum for physics next year! And to all of my friends I wish you the best of luck especially to the Class of '86—next year you'll win Yo-Hi day (he he) Oh no I forgot — to Shannon my buddy in Photo I leave you a hot pink watch and a summer of fun!!

I Cathy Begy being of sound mind and body, hereby leave my hard rock tapes to Chris Elders since he's really into it, and only pretends he's into soul. A green dress with white shoes (designer!) to Diane Shreve. Grades to my brother. Piano to Kristin Renzelman. Glitter to Tracy Beckman. All my make-up to Adv. Cosmetology class. Magazines to Jennifer Tabb. Smelly running shoes to Barbara Gouslin and a heart to "Boink."

I Trinh Drab being of sound mind and body, hereby leave my Alg. II, French II, English books, and all of my homework papers and tests and my excellent grades with Jobie Hwang. Karen Moyes, I leave my boyfriends that I have had at Kinnick High and my neat locker. Mr. Carlson, Thanks for the time spent for helping me in Alg II during second period. Last to sharkie, I wish you luck and your funny jokes I'll always remember!!

I Greg Sweet, being of sound mind and body, hereby leave my duplicate keys to Ms. Ivie's office to any prospective junior who wants to pass the U.S. History finals and is willing to give me \$400. Upon request, I leave the mathematical portion of my brain to Jenny Karabinos (who definitely needs it).

I Sherry Dykstra being of sound mind and body, hereby leave my

teachers and homework to Kristen, long pants to "feo," "hermano feo" to anyone willing, eyeliner to Miki, friend Jodie to a mental institution, singing voice to next year's Y-4 singers, smile to Johnathon, and gratefulness and thanks to all of my friends for being so helpful and understanding and for putting up with my bad days and my driftiness.

I Christina Fuge being of sound mind and body, hereby leave my: Accounting II, cheer book and my luck in Adv/Math/Trig to Jane. To my little sister I leave my smelly gym locker, study skills and a school to herself. The bylaws to dating a Fuge daughter I leave to Big brother. Bubbles I leave you lots of patience and a long fuse. A roll of film I leave to you two peeping toms. Kristen, I leave you my notes for Macbeth and all. Lord of the Flies; also all of my physics papers, for you will enjoy the class. To the up coming Senior of '86 I leave the rule of Yo-Hi: '85 WILL ALWAYS RULE!!!!!!

I Sabrina Ise being of sound mind and body, hereby leave my good grades to Chris LaBato so that he can have a 4.0 in college; to Jimmy Frazier my spare time so that he can use it to ask me for help on his homework at Davis; to Jennifer Kiseljack, Erin McConnell, and Christy Hesby I leave three racoons, a PR Stripper, a Wendy's hamburger, and memories of our trip to Seoul; to Rusty I leave all the Chu-hi's that I never drank with him; to Robert I leave a scene from Macbeth, my Physics assignments, and cucumber sandwiches; and to Tim I leave a lifetime supply of model airplanes (and I hope that he never gets tired of putting them up).

I Tim Wooldridge being of sound mind and body, hereby leave my: little fuzzies that are hanging in my van to Christa, she always wanted them. To Erin I leave a megaphone so she can project her voice so that Mrs. Fong will understand her better. To Bing I leave my door bell so that when he knocks on my van he won't hurt his precious little knuckles. To Robert T. I leave my model airplanes. If you keep wrecking my old one. To Rusty I leave a free message in Pattaya. Hopefully she will have a razor blade hidden somewhere where you can see it. To Sabrina I give you all the good times we ever had together. You have made me happy and I hope I made you happy.

I Deborah Kathryn Taber, being of sound mind and body, hereby leave my prematurely gray hairs to Sherri Bragg who is the main cause of them. What's left over from my frosting kit goes to Kori Marolf along with my paint splattered shorts to wear at Jaipur. All my Harlequin romances to Terri Rice.

I Lee Gustafson being of sound mind and body, hereby leave my: video techniques to the new video master (Ha Ha)! Joe Rabin, David Bell, Richard Baily, Terry Rice, James Bargsley, James Richardson, Donny Williams, and John Abello. Teachers remember these names for next year. The ability to B.S. through school I leave with all the 10th graders. Good luck with Miss Ivie. Up until 10th grade I thought I was lucky

due to the fact that I had dodged all of Miss Ivie's classes. Now, after taking 3 of her classes, I know I was lucky! So let it be said, so let it be done. (The King and I)

I Lisa Ann Findlay being of sound mind and body, hereby leave my: A, B, C, and 1, 2, 3 Flash cards for Mr. Schmidt to use on his next Senior English class. I also leave my deepest sympathy to any class that has to read Beowulf or Macbeth!! To Lisa Parris, I leave my half eaten bologna and cheese sandwich and a cold Mich. To Scott Jeffers, I leave my hot pink string bikini with orange and purple, pokka dots to wear respectfully. To Mr. Blanton I leave my "1,000,000 and One" joke book. Please use it!! To all of my teachers and friends I leave my love and best wishes to you

I Robbie Kephart, being of decent mind and teriffic body, hereby leave the following: To poor bald John Ray I leave my long, long hair: To Carl, Scott, Chris, Carla, Leslie, Geoff, and Barb I leave the wonderful memories of track: To Kellie I leave a touch of reality, the thing she needs most in life: To Nikki I leave anything she wants: To Shannon and Paulanne I leave someone just like me so he won't be bored: To Mr. McCullough I leave another crazy government class, and finally to Coach Jones I leave a great big thanks for just being who you are, someone I will never forget!

I Melissa T. Omega being of sound mind and body, hereby leave to the following people these few things: To Sony and Elli, Kinnick High School for the next 2 years, and after that a 4 year softball scholarship to the college of your choice. To Yuria, all the supplies in Art class to add to your collction of make-up. To Samantha, another fun volleyball season, and this time Okinawa. To Senorita Haseley, todos los cuentos que yo no pude contar a Ud. To Mr. Fritz, the stoicism that I never really had (now that I know what it is I wish I could keep it). To Mr. Fong, my greatest thanks for everything you taught me, helped me and encouraged me with. I leave with you, also, the knowledge that it was all worthwhile. To the Junior Class, a loss in your next powderpuff football game. To my sister Corina, anything you want. To Mariko K., the best of luck in volleyball and a great senior year. To Yoshiko O., someone else to "spazz out" with next year. To Brenda W., wisdom, so when your sister leaves she won't have to worry about you so much. To Rebecca J., all my magazines, video tapes, pictures, posters, etc., of volleyball so your interest in the sport will never die. To those at Hungry Boys and the other place called "Cafe Sail Up," my thanks for the memories on May 12, 1985.

I Lisa Dawn Parris being of sound mind and body, hereby leave my love to my husband, Kenn. My books to rising seniors. To Lisa Findlay I leave 5,000 yen to buy a new pair of shoes because I'm tired of seeing her wearing band aides on her heels. To Mr. Schmidt I leave my empty chair. To Mr. McCoullough I leave 5,000 yen so he can go to Disneyland next year because he got cheated out of it this year. To Don Coffee I will the official title of Pyromanic. To all rising Seniors I will the "Best of Times" at

## Seniors: Last Will And Testaments

Nile C. Kinnick High School.

I Karen L. Wilson, being of sound mind and body, hereby leave my books to Elizabeth, may she do well with them. Locker to Billy, and a maid to keep it up. Grades to anyone who wants them. All the neverending work in Richardson's office to Alonzo, may he never be lazy. All of the low bells to Billy, all 8 of them. All of the "fun" clarinet parts to Stephanie, best of luck. I would like to say thank you to all the people of Kinnick High, and good luck in whatever you do.

I Christy Hesby being of sound bind and body, hereby leave my: room reservation at the Yokosuka Insane Ward to Carla Anderson, room 305 Good luck next year! A years supply of "high-caffeine" coffee to Miss Ivie so that she and her classes might survive next year. To Lori Hon a trip to Korea where she can meet the Puerto Rican!!!! To Scott Jeffers all of my love and memories of this past year. To Koikesan a special thank you for all of his help to me this year.

I Nicole Latona being of sound mind and body, hereby leave to kathy Kickhofel a lot of terrific memories, a smile whenever you're bummed, my red football dummies, a pair of old blue jeans to write on, pep-pills so you don't fall asleep while partying, cough medicine, and a lot of luck next year. Thanks for being a friend Kats! To Kellie Macaroni I leave you a train ticket to come visit me in Long Island. I'll miss you a lot! I also hope you find that special guy in the wonderful world of college. Love ya! To Paulanne and Marin I wish you both all the luck in Stockton next year. You guys can do it! Also, thanks you guys for being such good friends. To Chris LaBato I leave my brochures to Southampton College. I'll be looking for you! To Troy Hartsell I leave a year's supply of quarters to play Pacland with, a canonball, taxi fare, and some fun times! Thanks for all the rides and don't party too much this summer! To James Leary I leave my good looks, a slap in the face for laughing at me when I fell down that steep hill, a lot of luck next year, and also I hope you're a pro-pitcher some day. One more thing James-I really wish I could bring Michelle back to Japan for you . . . even though me and Evan are a better couple. Love ya'! To Evan Frost, the guy who proved there is such a thing as love at first sight, I leave a date to Jaipur Discotheque, strawberry lotion, a trip to Korea (just me and you this time!) my pimples, a kidney punch, my muscles, our intellectual conversations in your room, a smile whenever you're grouchy. Lots of luck with football and your senior year, all the junk in our locker, a few tears, a lot of laughs, the memories good and bad that we've shared that will never keep us apart, a 45 album of "Crazy for You," and Evan, most of all, I leave you promises. I love you babe, and you're very special to me. P.S. one more thing . . . Oscar the grouch is green!! The class of '85- good luck everybody and thanks for letting me feel like a part of the Senior Class!!

I Tracy Beckmann being of sound mind and body, hereby leave my sanity to Jane Westbay (I think she'll really need it). To Sherry, all my stuffed animals, to Diane, all my Scottish music, to Jennifer, my low heel shoes, to Barbara my full length shirts, to Greg, my sense of openess, to Kristen, all the hassles of Mr. Schmidt and his accent, to Heather, a book on better House cleaning, to Cathy, all my love that I share with friends (I'll miss you chick) and to the student body of Kinnick High School, good luck in the future in the Land of Milk & Honey. And to Anita, a fun exciting life in the Carolinas.

I Mike A. Maljevak, being of sound mind and body, hereby leave my English essays, Macbeth questions, speeches, typing paper, and poetry project to Lori Osborn. The task of senior slides for graduation to whoever has the time. (Don't wait until the last minute). All the money I have in my savings and checking account #334 (about \$2,500) to Ms. Lane. My DUI and speeding tickets to security and my Air Force Recruitment letter to Sherry Dykstra.

I Michael Bishop Jones, Jr. being of sound mind and body, hereby leave my arms and legs to Bill "Blade" Helsley because every time I shoot the ball he tries to take them from me. To Danny Dennehy my ability to make a 2 foot jump shot. To Tabo Lee I leave him my eyes so he can see the basket and I also leave a little height. To Shawn D. Young I leave my ability to shoot with a soft touch, to link up when the dribbles and maybe my ability to pass the ball. To Kirk Jones, my brother I leave my ability to tell the difference between our team and the opponents. I also leave him my ability to drive without looking. To John Ray I leave some of my hair. To Mr. Geoff Fong I leave a razor blade (not to Bill H.). To Even Frost I leave an Okinawan Banana. To Chris Riley I leave some hand lotion and some nails for his hammer toes. And finally to the Class of '86 I leave lots of good luck because you will need it.

I Yoko Bruno being of sound mind and body, hereby leave my Volleyball shoes to my sister, Bakako, if she could fit them, my v-ball uniform to Jenny Baily, my knee pads to Ellen Prinz, my v-ball shorts to Julie Hartsell and my volleyball to Michelle Priebe. Good luck next year! My patience at the waterfront to Sai Begnell-good luck next year. All my clothes to Pam Okamoto since she wrote in her will that she wanted them. All my popcorn to volleyball and basketball players on the bus rides. All my papers to Gary Rivers and Bill Helsley because I borrowed lots of paper from you guys and my thanks to Danny and Derek for helping me in Physics. My good moods to Melissa Omega. My best wish of luck to Rusty, Sabrina, Christy, Mike Jones, Scott, Marni, and especially to John Blanton, Chris Labato and Mike King. And last but not least, ALL MY LOVE AND EVERYTHING ELSE TO BILL NICELY.

I Rory Clark, hereby leave my pink pants and purse to Joe Hawkins, who loves them to death. To Willie Schmehr I will my good looks. To Bonnie Buckley I give my dad's green Toyopet, which is a piece of junk, since she will be getting her license soon. To Sherri Bragg I leave my "brains" that helped me pass my classes. I also leave my driver's

license to Joe Hawkins, who won't be getting his until he is 17. To Taylor Hood I leave my common sense and wisdom in which he will desperately need in his future life. To Bell San Gregory I will a pack of bubble gum to chew and stick under his English desk top to pick off whenever Ms. Hanson's lectures get boring. To Nick Lewis, I leave my high school notebooks that I haven't used. And need to be used. I also will the luck I've had in school and the good advice I've received from various teachers, especially Ms. Ivie, to my younger brother and sisters, Tim, Kathy and Debbie I wish good luck in the states. Finally I will to Millie my love what I will never run out of, and the good times we had to trade for new ones to come.

I Carl Bolin, being of sound mind and body, hereby leave my years in band to Suzzane Ise. I hope she enjoys them as much as I have. To all future track team members I will the track spikes which have been at the school as long as I have. To Vicki Mosely I will all the fun of going through the Health Fair especially the statistics. To the future senior class officers I hope you have as much fun as I've had. To Chris E. I will the position of track captain, which I've had for two years. To Jodie S. I will life long happiness and her dream of wanting to become an actress to come true. And to my sister I will all my school spirit and my energy to get involved, and her dream to become a singer. Then to all the fellow seniors thanks for being a major part of my life. All of you are great. I will my deepest gratitude to Ms. Ivie, Mr. Schmidt, and Mr. Bitting for being an inspiration in my life, and to the remainders of the faculty I will peace of mind. To the rest of the students I will good luck and a message to get involved and have some school spirit.

I, Heather Soules, being of sound mind and body, hereby leave my locker and the seats in my classes to all the Juniors. To Jennifer Tabb, all of the USMC covers that can be found. I leave to Barbara G. a tracking device (to put on Porky). For Tina Fuge I leave a leash with a locking device to keep Mike under control. To Mike I leave a pair of bold cutters. Especially for Mr. Schmidt I leave a podium that turns to the right, since the one Lynnae gave you didn't work. To Diane Shreve I leave a pair of stilts so you can see Scott face to face. For Tracy I leave a set of keys to our new apartment. And to Kristen R. I leave a joke book (with detailed explanations). Mrs. Ivie and Mr. Schmidt I thank you for putting up with the class of '85, and I hope you have enough strength to do again and again for other seniors. Scott W., Geoff N., Scott J., and the rest of the gang I think that if it wasn't for you guys the rest of us wouldn't have enjoyed our Senior year, as we did. Never forget prom night, OK? and of course for Jennifer Wilkinson I leave good wishes, and good luck in the states. And last but not least, to John B. I give you my thanks for help on the car, and a ski trip ticket for next season.

I, Kellie Mahoney, leave my long leap to Paulanne. Also, a tape recording of the message "Kora!" And of course, all the memories we have. To Bill Nicely a deck of cards so that maybe next time you'll join in! To

Troy and Evan: a bunch of the change for the "soda" machines. To Evan: some of my rowdiness so that you won't have to say "chill out" so much. To Erin: I leave a bottle of peptobismal for your house's indigestion that it got from eating all my things. Also the "message" and all of our good times. And lastly, a plane ticket to New York. To Marni: my waitressing abilities and all of my great housekeeping abilities so that you can take care of your house. Also, a year's supply of crumb cakes. To Mike King: a lot of my rowdiness! Also, a year's supply of quarters. To Rusty: my brain so you won't have to be so drifty! To Shannon: I leave my compact, a Wham! ticket if we ever get the chance again, and all of our fun times. Also, I leave you all the happiness. To Nicole: a year's supply of "G.F" s and a detective kit. To Dale: a tree and my straight face so you won't have to smile so much. To Jimmy: a punching bag so you can pick on it instead of me. To Larry: my fist to shove in your mouth everytime you feel the urge to open it. To Chris: my voice. To Kathy: a piece of wood to knock on and a bunch of memories. To Cathy B.: my happiness and curly hair so you won't have to get a perm. To Mrs. Shuey: all the library passes you ever gave me.

I Daron Hartvigsen completely plastered hereby leave my mothers "cruiser" to Kristy Hold so she can have a piece of crap to thrash for her first car, Tim Wooldridge can have my skate board for obvious reasons, he needs to learn how to ride one. Chris Delaune can have my diploma. Bing can have my clothes cause at least he has taste. Kristan C gets my best wishes and Sonny Olson last but not least is left with my love and the memory of what we had!!!

I Marni Shibata being of sound mind and body, hereby leave my cookbook to Paulanne so when we are in the states, she can cook me food instead of instant ramen. I can't live on T.V. dinners and ramen, Paulanne. Pink underwear with black polka dots to Janet. It's hot pink Janet!! Lauch to Kellie cause hers has to go-. (Sorry) Responsibility to carry down the "Kool Kat" name even "mat maiden," to Kath Y. Real-life puggy bear to Nicloe. Tape with the songs "I like It" and "Little Red Corvette." Remember ... to Richard. Eyeliner and all my mirrors to Joe. Don't admire yourself too much, Joe! My dictionary to Evan. So he learns that there are other words than the word "too" You are "too stupid" Stilts to Troy cause he's too short and my license cause he may need it someday. Be careful! My book of hairstyles to Dale so he can find one that doesn't need to be combed every minute. Also a piece of plastic so he can fix the end of his car. Gomen ne? And thanks to everyone for making my high-school years the best!

The 1985 Senior Wills and Testaments I, Diane Shreve, being of questionable mind and weak body to hereby leave my: one thing to Kristen Renzelman. "Fish" the dolphin . . . and my BIMBO reputation TWO THINGS, "Fish" the Dolphin . . . and my place in the infamous darkroom THREE THINGS . . . Seriously, Kristen, I do hope you carry on our bimbo tradition here at Yo-Hi. After all, you're the only one of us left. NEO-BIMBOISM LIVES FOREVER!!!

## Expo Ratings: The Conclusion

(Continued from last issue)

Sumitomo Pavilion - of the Sumitomo Group Association. The first thing about the building that catches one's eye is the optical illusion produced on the building. The building, which has a mirrored front, is bent, producing an angle in the mirror. The unfinished outline of a cube is stuck partly into the top of the building and angle. The angle of the mirrors "produce" the missing parts of the cube outline, making it look as if the cube was floating in air.

In the building, after being given a pamphlet and polaroid 3-D glasses, the audience sits on a row of benches, watching on monitors in the walls a video tape of various sports, narrated by a hanggliding girl and dog hanging from the ceiling. Then the audience is moved into the awaited movie theater, where everyone puts on the 3-D glasses.

The movie, which theme is "Man's Love of Nature — Our Hope for the Future," is like the Steel Pavilion's in. that it is projected onto a flat screen, and not a curved one like in Fujitsu. The movie itself is much more entertaining, although there aren't that many things jabbing into the audience's faces. But still, there is a feeling of 3-D in the scenery shown. The story itself is much more interesting than the Steel's. It is about a

small girl and her dog and their adventures in a European highland.

The 3-D movie was entertaining enough, so it gets a quick 8½.

NEC C&C Pavilion — of Nec Computer & Communications. The building is easy to recognize: part of it is topped with a huge parabola antenna, which catches signals from around the world.

The good thing about waiting in line for this pavilion is that found at several places in the line are columns with speakers on top. On one side of a column are several buttons. No, there isn't a tape deck or a CD player, but there is an FM-AM tuner, and one can tune into several stations by pressing one of the buttons, which the stations represent. Unfortunately, there is no FEN button, but the FM stations occasionally do play American and British pops, as well as jazz, classical, and inferior Japanese pops.

Inside the lobby, which holds up the parabola antenna, is a presentation by three TV monitors, each with a face on them. They seem to represent a teacher and his two students, and they discuss the use of computers in communications. There are two other groups of TV monitors doing the same thing.

In the theater, in the seating, are several rows of TV monitors, with three seats to a monitor. If you didn't

come with a friend(s), you'd probably have to share a monitor with two other Japanese, so if you don't understand Japanese, make sure in such a situation to sit in the seat on the right, which is closest to a "telephone" that gives instructions in English.

One of you must place the "boarding pass," given to everyone upon entering the building, into the slot located on the right of the monitor. If the button below it lights up, then the card has been properly inserted.

The monitor displays the message "touch me," and one of you should touch the touch-sensor screen. The monitor gives several questions (in Japanese), and you must touch the square of one of the three choices before five seconds. If you get the correct answer, a picture appears in the box you touched. The quiz continues until the multi-panelled screen in front of the whole audience turns

The following is then another series of questions which this time has the scores kept track. After all the questions have been given, your team's score is displayed on the screen in front of you. The big multipaneled screen in front of the audience then gives a brief talk on space.

The main attraction of the pavilion follows. A spaceship is displayed on the multi-paneled screen, and a brief description of its mission is given. Then the spaceship's cockpit is displayed. The audience's object - to get the ship safely back to earth.

Using the touch-sensor screen, each team must choose in which direction the ship should go to evade an asteroid invasion and a blackhole. Later, they must use the red firing button to shoot down asteroids, with the team's hit/miss ratio given later.

Again, after the theater is a room full of displays, but this place was closed off when our reviewer visited EXPO, since it was almost closing time for the exposition. So, unfortunately, we cannot discuss this latter room.

This place gets a nine anyway. Like Fujitsu, it doesn't get a ten because of the long line.

Among other things in the exposition is the Children's Plaza, which features a tunnel in which one could experience wind, echoes, and mist, a machine that simulates the different magnitudes of earthquakes, several mechanical "animals," a gigantic sundial which tells time using a laser as well as the sun, a strange forest of poles which form different pictures at different angles, and the 1/100,000 scale map of Japan, complete with the curve of the earth. There's hardly any lines in this place, so this play land gets a ten!

# A Rare Breed of Athlete: The Weightlifters

by Don Jones

"That which does not kill you only serves to make you stronger": Conan the Barbarian

In the back, there are four or five guys joking around and warming up while they talk. A very muscular marine stands behind the running machine with a towel around his neck, thumbing through a magazine. Before the marine got into bodybuilding, he was a trim 160 lbs. Today, just seven years later, he stands at 6'1", 230 lbs.-all of which is bulging with muscle. He has red hair, freckles, and a tough country face. He is the only one who doesn't look up when a man named Snow swaggers in and throws a towel at the boys warming up in the back, a couple of whom have been waiting for him. "Come on you guys," Snow tells them, "I'm tired of waiting for you guys. Let's get going."

After Snow gets changed, he and his partners approach the bench and begin to work on their chests — on the pectoralis muscles, called the pecs, that lie between the collar bones and the ribcage. The short man in the group lies upon the bench. At his head, behind his shoulders are two pronged vertical arms that hold the bar a few feet above his face. Planting his feet wide on either side of the bench, he searches the bar with his hands for a place where it feels right. Then he pops the bar off of the prongs. As he lets the weight down he inhales to fill his lungs for pushing. The bar falls, touches his

chest just above the nipples and rises,

he exhales with it, "One!" There is no

waiting between sets and no one is off

the bench for more than a couple of

minutes at a time. In its energy and speed it is exciting to watch and murderous to do. Almost immediately the chest begins to hurt — a steady burning at first that only seems to get worse so that the hardest sets are done through the most pain. After the second or third set a rhythm develops. They are on and off the bench in a quick rotation. The breathing is heavier and deeper. They talk the weight up for each other: "keep it tight ... Push it now ...", "... Come on this is the last one . . . make it count!"

After the bench presses, Snow and his training partners do five sets of barbell presses on an incline or slanted bench. "Ahh get me the 50's, these are too light."

"OK, this is much better . . . one . . .

two . . ." "Push this one ... and don't arch your back so much."

"Three" "That's it . . . just a few more."

After the inclined presses come five sets of dumbell flyes and finally, two set of cable flyes. Then they will go to work on their backs.

Across the gym, an older looking sailor is just finishing up on his back, looking very professional as he always does when he is working out. He moves around the room from set to set with a seriousness and dedication of an operating surgeon. Like Snow, he is a natural athlete. At various times he has been a soccer player, a powerlifter, and a college shot-putter. He is quiet and seems to have a polish of quality about him. He is undoubtably an officer and with that probably leads a very busy life,

yet he still always makes the time to maintain his impressive physique. He had this to say, "Lifting weights should be fun because you get a feeling of satisfaction which is very hard to explain. A lifter knows that when he pumps up, his muscles grow. So therefore he knows when he pumps up well, that is progress. And that satisfied him because he feels the progress in his body. Therefore the pump feels good. It's actually the best feeling a bodybuilder can have."

An Olympic barbell is the basic piece of weightlifting equipment, as central to it as an iron is to golf. The bar is seven feet long and weighs 45 pounds with the collars. It's central section is about the same diameter as a garden house. And the meshed gripping lengths come into the hands extremely comfortably. At either end of the bar there is a two floor section, twice as big in diameter as the middle, onto which the black colored castiron plates are slid. You can get six 45 pound plates on each end of an Olympic bar without the collars that would bring its weight to 585 pounds, and not a lot of people need any more than that. There is no one in the gym that I've ever heard about who did. But for them there are one hundred pound plates. There are also machines: lat machines, leg-press, and cable flys. But best of all we have the Hydro machines (ha ha). There machines look like sophisticated torture devices. They are rarely used at the fleet gym. Most of the time they just sit there without the dignity of people in them, looking lonely and often foolish.

"Attention in the gym. Will all weightlifters please take five minutes and replace all loose weights, I repeat will all weightlifter please take five minutes and replace all loose weights." A general murmur of discontent flows through the gym at the completion of what is viewed as an annoying interruption of everyone's weightlifting. Despite their grubbling, the lifters have the gym completely picked up in a time much less than five minutes. Then it's back to lifting.

"How many sets do you have left?" "About 3"

"Mind if I work out with you?"

"All right."

Not that impressive to the eye, dressed in stained dungarees, scuffed work shoes and a dull blue shirt that doesn't seem to have been washed for quite a while. The man begins to do some lat-pull downs (He can do 15 repetitions of this exercise with 180 lbs. on the bar — a fact that doesn't impress until you try just one with that weight). For his last exercise he is seated, facing a cable machine with his feet braced in fron of him. Slowly with as much stretch as he can manage, he drews two handles, connected by cable and pulley to two hundred pounds from his feet to his upper abdomem and lets them back again. The muscles doing the work fan out on either side of his rib cage like wings.

By 9:45 all the people who started training around 7:00 or 8:00 are finished. If you have been watching the gym feels suddenly like an auditorium or theater when a long applause stops all at once.

People shower quickly and leave for home. At exactly 10:00 the gym shuts its big doors for another night.

## **Athletes Share Their Memories**

The Seahawks swim team swam in meets from December to March. Many of the swimmers improved drastically throughout the course of the season. One of the swimmers, Lisa Beall, points out, "With only 15 swimmers we placed third in the championships and we placed fourth in the Junior Olympics."

"Work hard and enjoy," is Tina Fuge's advice to next year's tennis team because that's exactly what this year's team did. Although this year wasn't a winning season for Yo-Hi it was enjoyable as expressed by Melodie Isgro who feels that she "learned quite a bit from Mr. Fritz's teaching methods." Many of the players enjoyed "meeting new people and traveling to new places."

This year's varsity volleyball team surprised us all by showing us they could hold their own. Many of the team members put in extra practice in the free time they did have. Melissa Omega's suggestions for next year's team member is, "Work hard, push yourself and put your heart into the game. Play not just for yourself but for your team and in the end you'll

know it was worth everything you put into it."

The junior varsity volleyball team had an abundance of players. This was a contributing factor in their 9-3 win-loss record. One of the most enjoyable parts of the season was "learning so much about such a fun sport," comments Kim McGill.

The drill team was a new idea for this year. However, to a few people it was almost a let down. Anita Wilson says, "It was a dream that I wanted to make reality." However, she later adds, "It wasn't what I'd hoped and planned it to be." With the beginning of the drill team came the re-birth of the Yo-Hi Mascot. Marion Calderon seemed almost perfect for the 'little devil' job. With her enthusiasm and energy she gave spirit to everyone around her.

Although the "wrasslers" started out on their bad foot, a loss to St. Mary's wrestlers, it made a comeback and "placed second in Varsity and Far East tournaments," claims Billy Nicely who placed second in the 180

pound weight division.

"Confidence, courage, strength, willingness to improve oneself, and the desire to win," are some of the things that Jimmy Frazier feels it takes to be a good football player. Many of the people on this year's team possessed some, if not all, of these qualities. The team lost many of the games including homecoming. Don Jones comments, "Despite the loss I thought that we as a team had regained much of the respect lost in the first game." Jones' comment to next year's team, "I would like to make a plea to next year's participants that they dedicate their efforts as a team to win."

"A good runner must love pain," suggests Barbara Gouslin, a member of the track team. Each member of the team has to contribute his or her own part "to make a winning team." Carla Anderson's most enjoyable feeling was "being able to finish the 3200 without dying." "Next year's

"The biggest highlight," comments Shawn Young about this year's basketball team, "was when I made a half court pass to Kirk Jones who tied the game with one second left." The basketball team travelled to Okinawa this year where much to their relief "we got to play some different teams for a change." Chris Riley wishes a "Good Luck" to next year's team. team needs to encourage their teammates throughout the season," to

team needs to encourage their teammates throughout the season," to make it as good a year as possible, she says.

The 1984-85 crosscountry team had "a very successful year," says Maria Lo Galbo. "We broke our losing streak with the first winning game in about 2 years." Eight of the best runners took part in the Far East tournament in the Philippines. There they tested their skills in new territory and temperature ranges. Most of the runners said they disliked running in the Philippines because it was too warm for running.

#### Baseball

Yo-Hi baseball was a success this year. The team went undefeated in league play, finishing as the league champs, and took second in the Kanto Plains baseball tournament.

The efforts of Coach Baily and Coach Priebe were an obvious driving force.

Weather was shaky during the first half of the season, and many games and practices were cancelled. However, the long practices afterwards payed off, as the Devils defeated their opponents in successions.

The fielding of Yo-Hi was a factor of the Devils' success. James Leary, Danny Dennehy, Jim Frazier, and Bill Nicely consisted of the pitching staff, while catchers Mike King and Shawn Young completed the battery. The rest of the infielders were Bill Nicely, James Richardson, Donne Williams, Tabo Lee, Larry Nicely, Perry Stevens, Tommy Phillips, Willy Schmer, Jim Frazier, John Ray, and David Chipraney. The fly catchers (outfielders) were Richard Baily, James Bargsley, Danny Dennehy, Ted Gaughn, John Blanton, Evan Frost, and Junior Fillingame.

### WRESTLING

"A sport of which Yo-Hi could be really proud," and proud they were. Yo-Hi's Wrestling Team placed third in the league, second in the Varsity Tournament, and third in the Far East Tournament.

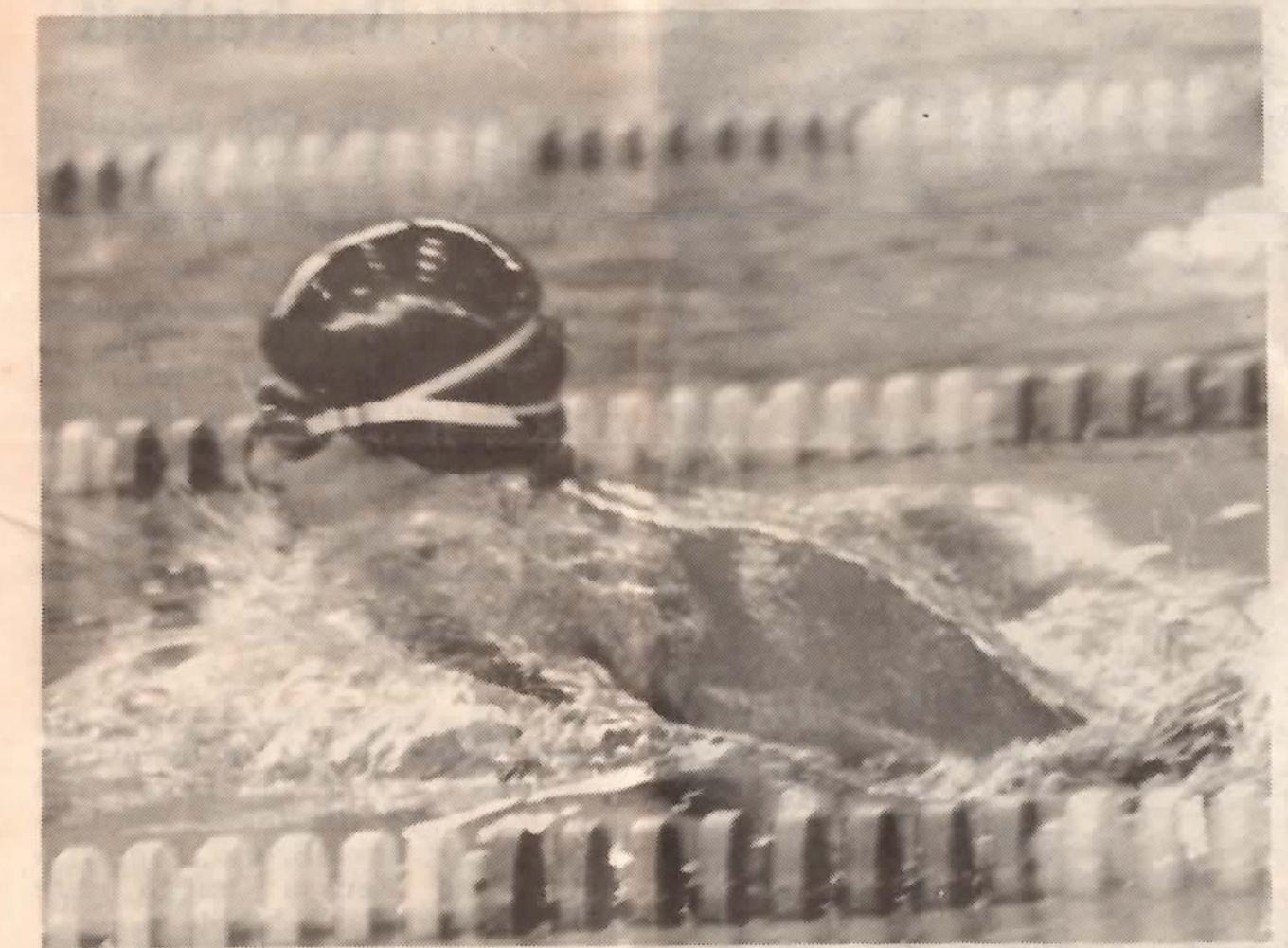
Yo-Hi did very well in the Far East Tournament placing third. Don Jones, Raul Paynes and Bill Nicely gained points for Yo-Hi, all three placing second while Mike King and James Bargsley both placed third.

In the regular season, Yo-Hi won 5 out 10 matches. The scores are as follows:

St. Mary's	06-40	03-58
A.S.I.J.	24-44	13-38
Yokota	36-12	34-26
Zama	44-18	12-45
C.A.J.	52-06	48-12
*Yo-Hi's score	s are listed fir	

Bill Nicely was picked to the Kanto Plains All-Star team this year. One of the twelve that were picked from the five teams of the Kanto Plains.

Yo-Hi's Wrestling team returnees next year will be "The team to beat," says Richard Baily, one of next years returnees. Other returnees include: Don Jones, Scott Jeffers, Steve Eastwood, Mike Santero, Jimmy Davis and David Bright.



Jay Williams swims to victory in the 15-18 mens 200 meter Breaststroke.

### VOLLEYBALL

The 1984 Girls Volleyball team had a good year. They placed 8th in the Far East Tournament and Yoko Bruno was named Best Setter in the Tourney out of about 240 participants. Bruno was also picked to the All-Star team that consisted of 12 players, also chosen from the 240 participants. Other players include: Melissa Omega, who led the team in spikes with 104; Michelle Priebe, Pam Okamoto, Bonnie Marren, who later moved to Zama, Kim Jones, who also moved, Ellen Prinz and Jennifer Baily.

In the Far East Tournament, the Devils' team totals are as follows:

Total Spikes: 280/317, average: 88%

Total Kills: 77, average: 27%

Total Dinks: 93.

The Volleyball team will be losing three of their starters: Melissa Omega, Yoko Bruno and Pam Okamoto. Next years Volleyball team will be built around Michelle Priebe, Ellen Prinz and Jennifer Baily.

#### FOOTBALL

The 1984 Varsity Football team started off their season very good defeating Zama 19-10 but lost the rest of their regular season games. Unlike Varsity, the J.V. Football team boasts an undefeated season winning all four of their season games. The Varsity and J.V. scores are as follows:

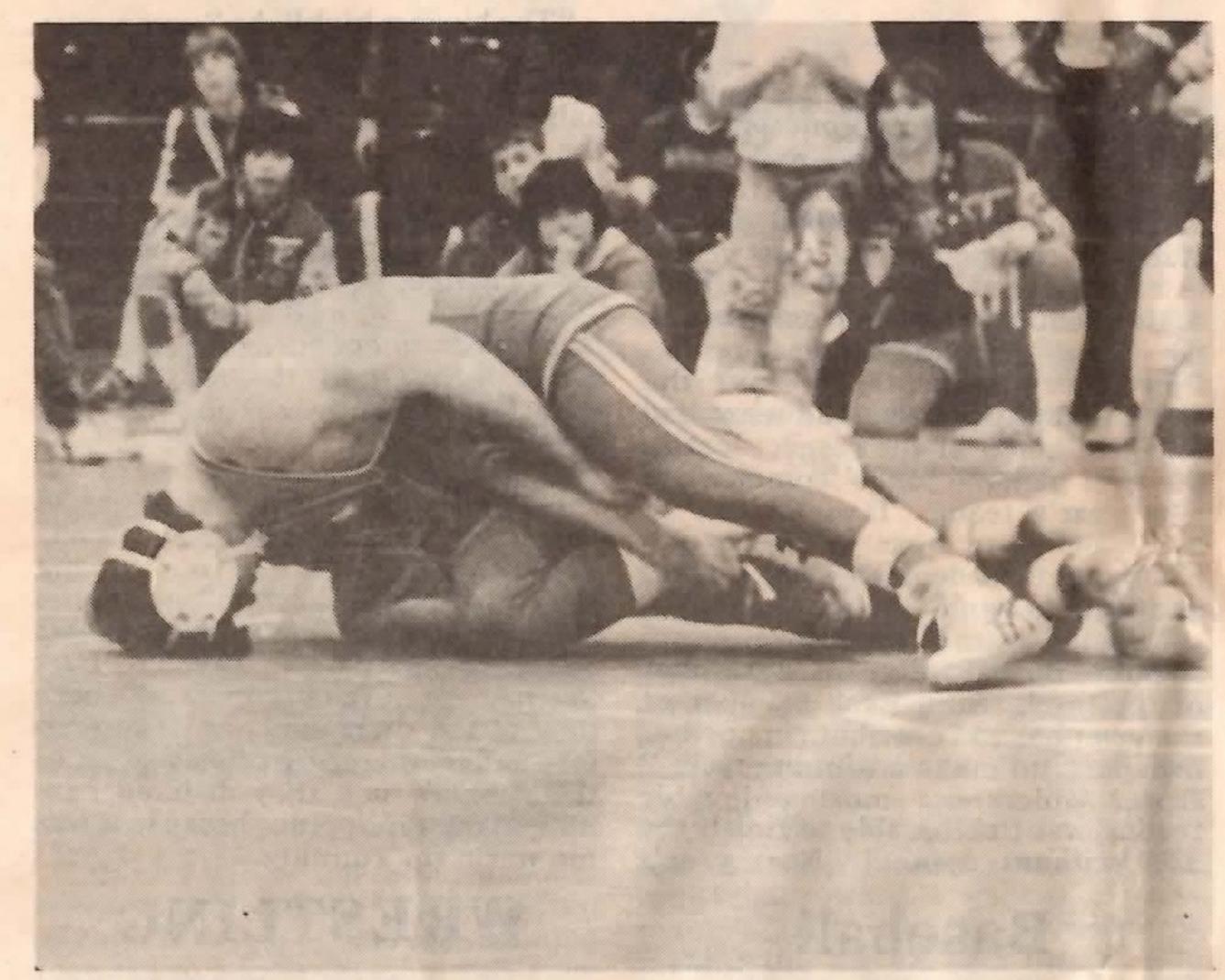
Hakusan	6	Yo-Hi	20
Konandai	0	Yo-Hi	32
Zama	10	Yo-Hi	19
A.S.I.J.	19	Yo-Hi	0
Yokota	54	Yo-Hi	0
A.S.I.J.	9	Yo-Hi	0
Yokota	8	Yo-Hi	0
Zama	7	Yo-Hi	0
Y.T.C.	0	Yo-Hi	48
J.V. score	s:		
Yokota	26	Yo-Hi	28
A.S.I.J.	0	Yo-Hi	32
A.S.I.J.	7	Yo-Hi	10
Yokota	0	Yo-Hi	19
	12		

Four people were picked to represent Yo-Hi in the annual Collegiate All-Star game against All-Star College students. Those who chosen were: Jimmy Frazier, Frazier could not play due to an injury sustained during the season, Danny Dennehy played in his place, Mike King, John Blanton, and Bill Nicely.



Erin McConnell, a senior player gives a spontaneous smile before her match against Zama.

# Yo-Hi's Year In Sport Review



Yo-Hi's 141 lb wrestler Don Jones turns his opponents back to the mat during the 1985 Far East Tournament.



The J. V. Cheerleading Squad performs a mount during half time.

### Track

This year's track season started with practice in early March and ended with the Kinuta Track Invitational Finals on May 11 where Chris Elders, Susan Walker, Catha McDaniel, and Curtis Casey placed among the top six in their events.

Chris Elders and Susan Walker, who also placed 5th in the mile, placed 5th and 3rd in the 2 mile run respectively. Catha McDaniel placed 4th in the 200m low hurdles and Curtis Casey placed 6th in the discus. Also, the boys 400m relay team, which consisted of Curtis Casey, Mike Jones, Rob Kephart, and Scott Wilson, placed 4th. The boys mile relay team, which consisted of Carl Bolin, Chris Elders, Kirk Jones, and Scott Wilson, placed 5th while the girls mile relay team placed 6th. Constituting the girls mile relay team are Barbara Gouslin, Carla Anderson, Susan Walker, and Lisa Richardson.

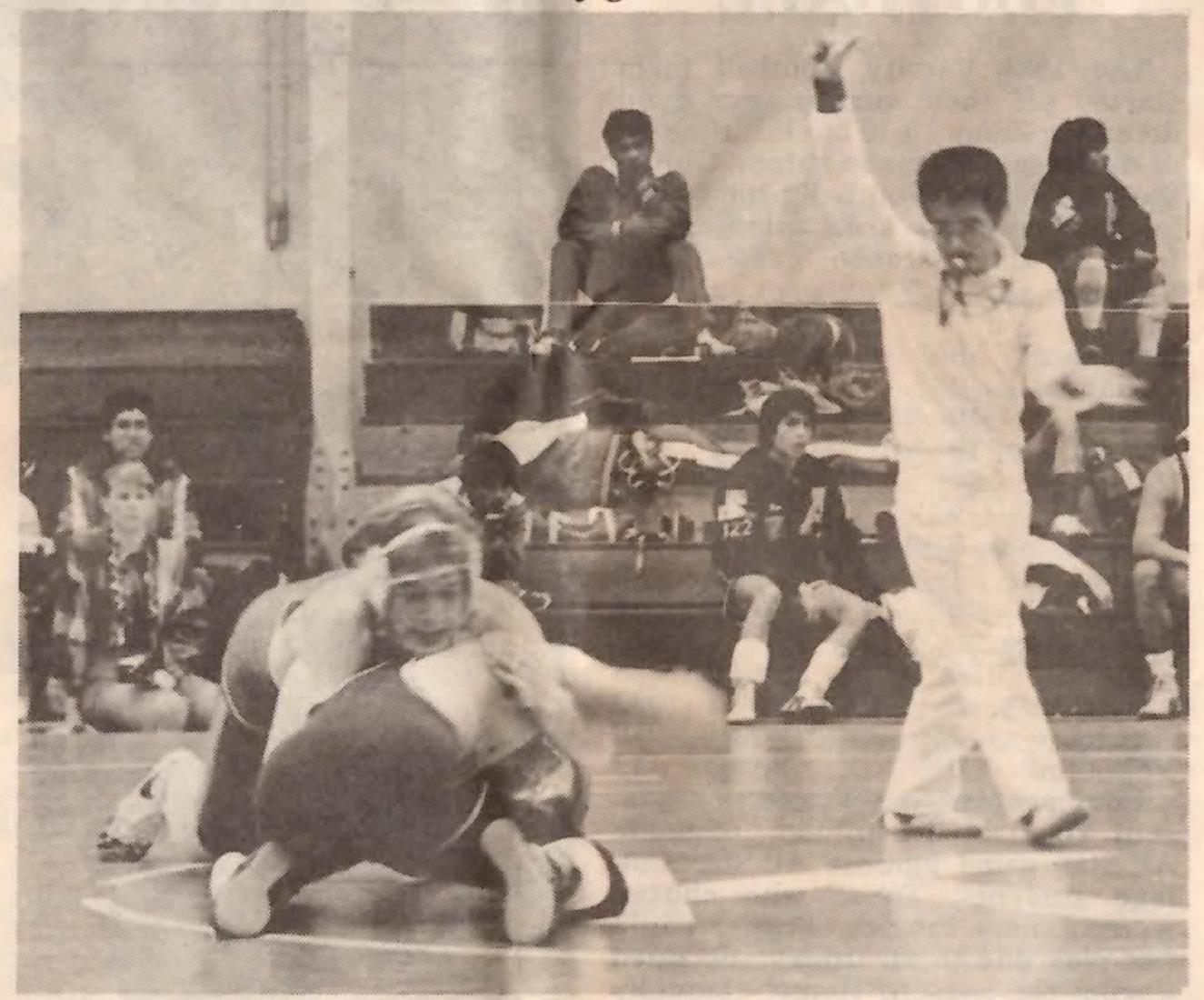
Although the team started the season with a disappointing loss to ASIJ and Yokota at their first meet, the team came back and soundly defeated both CAJ and YIS at their second meet. Another highlight of the season was the Yokota Relay Meet, a fun-filled for all held shortly after Finals.

Mrs. Charissa Grey had this to say about this year's season; "All in all it was a very good season. The members of the team practiced hard and improved consistently throughout the season." Coach Jeff Lee commented, "This year's team had several outstanding athletes. Overall, the team accomplished a great deal with many personal bests achieved during the season."

Prospects look good for next year's team with several varsity members returning. However, if you ever get the urge to run, come try out for the team next spring. New talent is always needed.



Carl Bolin leads as they go into the turn at Kinuta.



Robbie Kephart controls his man during a match at the Far East Tournament.

### Girls Basketball

The 1985 Yo-Hi Girls Basketball team had a successful season by taking first in the Kanto Plains and sixth at the Far East Tournament.

Tryouts for the team were held on March 11-15. A total of 10 players were selected for Varsity. Returnees included Yoko Bruno, Pam Okamoto, Melissa Omega, Marni Shibata, and Jennifer Tabb. There were also five new players — Jennifer Baily, Sai Begnell, Tina Fuge, Renee Lawrence, and Lica Nichols. They were coached by Walter Fritz, Mike Jones, and Bingo Menifee.

The team ended the season as the Kanto Plains League Champions by compiling a 11 win 1 loss record. The only loss was to the Yokota Panthers in overtime. Yoko Bruno, Pam Okamoto, and Melissa Omega were named Kanto Plains All-Stars.

The team also did well at the Far East Tournament. They had a five win two loss record to put them in 6th place. Yoko Bruno was selected for the All-Far East Girls Basketball Team.

### Swim Team

This year the winter swim team placed third in the Kanto Plains Championship and second in the Far East Junior Olympics. In both meets the Yokosuka Team had the least amount of swimmers.

Four swimmers made the All-Star team this season. To make the Ateam the swimmers need to qualify with a certain time. The swimmers were Jay Williams, Kenny Beall, Lisa Beall, and Yuki Langston

All swimmers were returnees from the summer swim team. They included Jay Williams, Lisa Beall, Jennifer Wooldridge, Kenny Beall, Christy Gormon, Julie Riley, Katie Zunich, Yuki Langston, Kathy Anderson, Christine Voss, and Carol Wear. Swimming on a Japanese swim team helped the swimmers improve their time and strength.