

Echoes



Spirit Week Kicks Off

by Hannah Sapinosa

Spirit Week started yesterday with Nerd Day, as student council sponsored the first of the Homecoming festivities — a contest for the biggest nerd.

Today is "Beach Day", one of the new ideas for this year. People dressed up as tourists with those Hawaiian shirts are out.

Tomorrow is "Toga Day" when once again Rome comes to Yo-Hi and we have our slave sale — with the seniors as the "slaves." Don't forget sheets for your toga and your money so you'll have the "leaders of the school" at your feet.

Thursday is "Music Day", another new idea for this year. For this day, you dress up like the kind of music you love. If you're a western fan, dress up as a cowboy. If you're all into soul, dress up like a breaker. Let your ideas run!

And last but not least, the traditional "Red and White Day", which will be on Friday. If you haven't shown spirit yet, this one's a must. Later on in the day there will be a parade where all the classes can "show off" their banners and floats.

Then with the end of the week comes Homecoming. The sophomores have been working hard for the Homecoming Dance which is to be held in the Officers Club on October 20. This is right after the game with the Yokota Panthers. That night we will also find who will make up the Homecoming Court of 1984-85.

Student Council President, Christy Hesby, feels that if everyone in the school participates in all of the activities provided, our school will have the most successful Homecoming ever.

School Cancelled

On October 5, school was officially dismissed at 9:10. The cause was the delay of Congress to sign a bill for the payment of all federal employed, which includes DoDDS teachers. The result was that teachers and students had the rest of the day off to add another day to the 3-day weekend. An interesting thing to know is that 5 minutes after the dismissal bell rang, Congress called and said that they had signed the bill.

Many things scheduled for that day were cancelled. Tests, senior girls'

By Ron Toyofuku
This month's Press Conference takes us to an interview with the Homecoming Sponsors: Louise Ivie, Student Council; Marcia Stillwell, Sophomore Class; and the Student Council President, Christy Hesby.

The Class of '87, the sophomores this year, is sponsoring the Homecoming Dance as sophomores have done in the past. Stillwell says that although getting started was difficult, the sophomores have gotten things organized and that this will be a good dance, "as long as we have kids supporting it." She also adds that there won't be too much problem for support since it is Homecoming, the first major dance of the year.

Stillwell says, "The students do much of the planning, I just supervise." She reminds the students of what needs to be done and sets due dates for them to go by, but the rest she leaves up to them. Stillwell is very optimistic about this dance and feels that this particular Homecoming will come out very smoothly.

"This year's Homecoming will be GREAT!" says both Ivie and Hesby. Ivie says that planning will be an essential part to making it good, but also important is the members of student council and the student body getting involved. Ivie, like Stillwell, generally supervises the students doing the planning. She also provides many suggestions to think about.

Hesby delegates responsibilities to other students and gives them basic ideas and suggestions for them to go by. She also does frequent checks to see if the jobs are being carried out. Both say, "It's the students involvement and support which will make this Homecoming better than last year."

pictures, and the Newspaper bakesale all had to be rescheduled for other times. Practice times for sports were also rescheduled.

Since school was dismissed five hours and 20 minutes earlier than the regular time, students had plenty of extra time for free activities. Many students went to Shakey's for lunch. Teachers went home though many were seen shopping at A-33 or eating lunch at the Officers' Club. All in all, the early dismissal caused many smiling faces to appear.



At the first senior slave sale last year, Paul Villegas auctioned off president Brian Rogers.

Interested In Med Exploring?

by Tracy Ramos

Did you ever want to become an explorer at one time or another?

Well, here's your chance to become a part of the Medical Explorers Group.

Once you are a member, you will get "first hand experience." There are various places in the hospital which will be open to the students. Two of the places that were not open to the students last year that are now include the Decompression Chamber and the Vet. Clinic.

There is a fee of \$3.25 upon joining the group. The first meeting took place at the hospital auditorium on October 11 at 7:00 p.m. There were 16 members last year and LCDR Kathleen Charters who is chairperson for this program is hoping for around the same as last time or more.

"I think this will give the students an over all look at what happens in a hospital. It will help them to decide if

they want to go into the medical profession or not," says Charters. There are a lot of people in the hospital who are willing to volunteer their time to this worthy program.

Last year the first project was the Navy Friendship booth. This year they could have had one but since the interest surveys were handed out late, they will probably just visit the two clinics above.

There are no requirements for joining the group. Grades seven thru 12 may join.

"It will take a lot of interest from the students to make this program be interesting. What you put in is what you get out of whatever you are doing. Last year's program was a good group and I am hoping this year's will be too," smiled Charters.

Attention Computer Programmers!

Here's some news for all you computer wizards! There will be a computer contest in March for all interested Japan DoDDS school students in grades 1 - 12. Age categories will be (1 - 6), (7 - 9), and (10 - 12). This contest will be held in Yokota and will include students from Misawa, Iwakuni, Sasebo, Yokota, Zama, and Yokosuka.

Before competing with other Japan DoDDS students there is a site competition for each of the areas held in February. The contest will be in four subject areas: Music, Graphics/Animation, Learning/Teaching programs and misc./game/administrative programs. Between the site winners

there will be 12 final country winners.

All programs must be able to run on the Atari 800 microcomputer and must be written in one of the following languages: Atari Basic, Pascal, Microsoft Basic II, Pilot or Logo.

Also, all entries are final in that the categories or the programs themselves cannot be changed after the entry is made. Furthermore, all entries become the property of DoDDS, Japan and can be used by DoDDS school system in Japan.

For more information about additional rules on the contest see Mr. Miller.

Students Train For Health Fair

The Health Fair slated for Nov. 21 has made great progress since sign-ups. The students are deep into training but Ms. Goins said she would like to give more responsibility to the students.

Training has already begun and this will last, for most parts, till Nov.

9. A review will be conducted from Nov. 12 through Nov. 16 and there will be a briefing on Nov. 16.

The Health Fair is for and run by students. The student coordinator is Susan Smith and the assistant is Carl Bolin. Billy Nicely is chairman for a committee that handles publicity,

which was contacted FEN, Seahawk, and written letters to the school newspaper and parents' newsletter.

The Health Fair still needs more people to help with vision, cancer, and vital signs, which will include blood pressure. Also the Health Fair needs people willing to clean-up

afterward.

If you are interested in helping out with any of these please see Ms. Goins. She says, "It would be a good learning experience if you help."

Echoes



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Oct. and Nov. Birthdays

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
14		16 Evangeline Silva Kimi Jeter Raymond Tamschek	17 Patricia Willey	18 Mary Malone Brent Wiersma	Bessey Cogdon Jennifer McConnell	19, 20 Steven Keifer Mary Parker
21 Brandy Gruwell	22 Gilbert Jones	23 Bridget Caldwell Noel Linayao Jonathan Roebuck Michael Westby Deborah Theis	24 Allen Beal Ray Miller	25 Yolanda Prunedo	26 Thomas Epperson Heather Wooldridge	27
28	29	30 Yoko Bruno Deborah Gazzman	31 Gary Parbough Nancy Tamschek	1 Jay Ferrer	2 Shizuka Simmons Leonardo Pilares Happy Birthday President Christy Hesby!!	3 Bryan Cornish Allen Eastwood
4 Michael Winter	5 Rhonda Barrows Tracy Beckmann Richard Dagsman Ben Pacificor Barbara Walker	6 Trina Horton Jennifer Ksajack Andrew Welch Feliz Cumpleaños Mami!!	7 Thomas Bryfogle	8 James Hogg	9 Nathan Burton	10 Takano Bruno Anthony Dziedzicki Terry Huggins Akemi Welsh
11 David Jones Julienne Schwartz	12 Richard Mastlin	13 Bryan Gutman Joy Larosa	14 Kirk Harris	15 Derek Williamson Shaylee Phelps Merrita Wallis Anne Abrahamson	16 Curtis Casey Julian Kling	17

A Cycle Of Technological Ignorance?

By Richard Oka

All right, Computer Wizards! What you know right now won't help you ten years from now, so utilize your knowledge while you still can. Also, be prepared for a technological shock yourself!

That warning may not need to be taken seriously, but it's worth a thought. Every five to ten years we increase our rate of technological advance, and by the time we graduate from college or even high school some of our knowledge about computers will be outdated. There is a need for us to keep learning and unlearning.

A few generations ago (our grandparents) the T.V. and the radio were invented. Very few people saw the potential these gadgets had as entertainment or as a communications system, but their children (our parents) might have. Now, T.V. and radio are an important part of our lives. Some of those people who first utilized these "wonderful fruits of technology" do not know exactly what a computer is or does. Are we going to meet the same fate? Will our children outdo us as we outdo our

parents today?

The potential that the computers have right now is great, and it will be doubled by next year. Sooner or later computers with limited self-programming capabilities will be developed, this will probably cause a trend in the software industry similar to one that occurred in the music industry. In other words, "pop" software artists will emerge. These artists will no longer be programmers in today's sense, they may not have much skill in programming computers if any at all. But these artists will have the creativity, ingenuity, and tastes that other "true" artists have.

That does not mean that the computer science courses in the present school curriculum are unnecessary, however. There is still in need for us to be able to be comfortable around computers. Remember early in grade school, when you were taught how to make letters, numerals, shapes, and symbols with that pencil? The importance is not the programming skills learned, it is the awareness, the usefulness, and the general knowledge of these new technological fruits.

Question: What Do You Think About The New Attendance Policy



Troy Hartsell/Junior — "I think it's reasonable, because most people don't miss ten days in one quarter. Anyone who skips ten days probably doesn't care about grades anyway."

Anita Wilson/Senior — "I suppose it keeps people in school when they should be, but it's not fair to the people who have good excuses that aren't good enough for the school."

Mr. Carlson — "I think it's just fine. Students are not supposed to skip school anyway. It keeps them in the classroom where belong. Everything the teachers do in the classroom is to help the students."



Carla Anderson/Sophomore — "I don't think it's fair because if a person is hospitalized and can't make up the work they should still have a chance to finish the quarter."

Tracy Ward/Freshman — "I don't think it's enough time. What if somebody in your family dies and you have to go to the states. Maybe it should be a month."



Attendance Plan Clarified

By Rusty Stephen

Have you had trouble trying to understand the new attendance rule in the student handbook? The one that states "more than ten absences (excused or unexcused) from a class will result in an automatic failure by that student in that class for the quarter."

Well, don't worry; it's not really an "automatic failure." Each case is considered individually. According to Principal Carolyn Grasmehr, "Anyone who has excused absences such as a school trip or a note from a doctor will not automatically fail."

This new Attendance Plan won't even affect over ninety-five percent of the student body. The plan isn't as harsh as it seems after locking at it again. Ten days is two full weeks of school, more than one-fifth of a quarter.

Ms. Grasmehr is very concerned about attendance. "We want you here in school; we can't teach you if you aren't here." She feels the plan is "for the good of the students." She believes that "the biggest predictor of success in future life is attendance over grades."

Ms. Grasmehr also thinks that none will fail a quarter just because of this new plan. Anyone who misses or cuts ten days would probably fail anyway.

If the plan had been used last year, over thirty of the high school students might have failed the last quarter.

The administration put this plan into effect because they want to help the students who value their education. The school is serious about your education.

Note to All: Count your days carefully and leave a few in case you really do get sick.

Intelligence Explored

Do you consider yourself an intelligent person? Whether you do or don't, you must have your reasons, what are they? If you think long enough, you will see that everyone has a talent somewhere, it's just a matter of whether you use it or not. Everybody is a genius!

Intelligence is more than the three digit number that represents the result of an I.Q. test. It is more than the letters A-F on your report cards which come out in a few weeks. The truth is that nobody really knows what intelligence is, and there are many different ways one can be considered intelligent.

Grades in school might be one of the better ways to evaluate one's intelligence because they are standardized and they represent the student's intelligence from many different facets. For example, a good ability to memorize helps in history and science courses. Many math courses require good analytical thinking.

I.Q. tests and other standardized tests are not as effective as they seem. The I.Q. tests just show your intelligence relative to other people of your age. But suppose that suddenly the intelligence of the average person dropped? Does an I.Q. of 100 mean you are as smart as most of the people of your age, or does it mean that you are as stupid as most people of your age?

Then there are the people who act smart. Actually, pretending you are smarter than you really are requires you to be fairly intelligent in the first place, so the better you are at acting smart, the smarter you were to begin with, and the less you need to pretend!

Geniuses of all times are ahead of their times, they have to be, otherwise they would not be geniuses. Usually the genius is so far ahead of his time, people don't perceive what the genius is doing, and it is not until years after his death that people realize that he might have been right. Only a person as spaced out as Isaac Newton would have asked, "Why do apples

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If you would like to write a letter to the editor expressing your feelings about our newspaper, you can give the letters to Ms. Johnston or Ron Toyofuku. Please limit your letters to 100 words and refrain from personal attacks. Any letter received may be edited if necessary. You may request that your name be withheld from publication, but no letters will be accepted unsigned.

Bitting 'Clarifies' Work Study

By: Carl Fillingame

This interview is with Chuck Bitting, work study coordinator and is about various issues on the subject of work study, one of the many electives offered here at Kinnick.

What is the purpose of work study?

It gives the students a chance to see how it is to get a job. Holding the responsibilities of the job, like getting to work on time and getting along with your employer.

What places are open for the students?

There is the Hospital, Commissary, Youth Center, Civilian Personnel Office, Child Care Center, Recreation Services, Ship Repair Facilities, Library, and a few others.

How long do you have to work to get a credit?

The students have to work a minimum of 90 hours to obtain a

half credit, 180 hours to receive a whole credit.

How do you feel that work study can help the student in the future?

It gives the students a chance to look into the fields that interest them the best. It also lets the student know the requirements for education in their particular career field.

Are there many people involved in the program?

There are 23 students in the program right now. But more are asking about the program.

What grades do you have to be in to enter work study?

The age is 15 years and up. There is no experience necessary.

How long has work study been in session?

The program has been running from the year 1975 till now. At least nine years ago the program had been operating.

Tokyo Skanks To Stalin

By: Chris Wassell

What, may you ask, is skanking? It's a type of "thrash or be thrashed" dancing done in large auditoriums to loud, fast, unrefined music. Namely, Punk Rock.

There was a lot of skanking being done last month at Korakuen Hall. The band was the Stalin, perhaps the most notorious punk band in Japan.

Korakuen Hall is a large auditorium where professional wrestling matches are usually held. There was a large space between the stage and the seats where the chairs had been taken away. This area is known as "The Pit" and it is where the thrashing takes place. "The Pit" is as crowded as a Japanese train at rush hour and everyone is bouncing off of each other and waving clenched fists in the air.

There are a few differences between American skanking and Japanese skanking. Americans do

lots of different maneuvers. For instance, doing dives off the stage into the crowd and sitting on each others' shoulders.

One of the reasons that we Americans go to these shows is to expose the Japanese punks to the American punk culture.

The Stalin is a very powerful band and the show was a lot of fun for everyone. It was surprisingly non-violent.

At the smaller shows, skanking is usually very violent because they are unregulated and hefty spikes are worn. At the Stalin concert spikes were semi-regulated and the poor violent punks couldn't afford to come so we skanked without fear of catching a spike in the face. The Japanese punks are nice guys, though they don't look it. They're out there to have fun too. "Skank or Die" as the saying goes and that's the way we like it. Not "Skank and Die."

Clubs Set Goals

All of Yo-Hi's clubs this year are starting off with goals. The Spanish Club has been in action by having the first bake sale of the year and they are now planning to start on the Halloween grams for October. During the past two years, the Spanish Club has been supporting a South American child by sending \$264 a year. They are going to continue contributing to the child's welfare for this year also. The main purpose of the club is to learn about and do many Hispanic activities.

The Japanese Club, with 41 members, has also started this year's action with a potluck sale on October 4. They have already gone on a field trip to a Japanese school and are planning to go on another field trip during this semester. Two of their goals for this year are to make Christmas grams and to donate

money to an orphanage or to a senior scholarship.

Pep Club has been supporting the school's spirit and "pep" for this year by making banners and posters for the football and volleyball teams. They are out to bring spirit and positive recognition to our school teams. All of the 20 members have lots of enthusiasm according to Margie Anderson, the sponsor of the club, and the junior high students are acting as the "backbone of the club."

If you're interested in group discussions, the Debate Club is the club to join. In Debate Club, you debate about certain topics using supported facts and collected information. This year's Debate Club will be meeting with seven other competing schools.

Other clubs to join are the Drama Club, Speech Club, French Club, and the Computer Club.

Ignorance from page 2
fall out of trees?" If one were to start research now about the spirits living in inanimate objects, wouldn't you question his sanity? People are geniuses because they bother to ask these questions and spend their time trying to find out the answers to them.

The final point is whether or not intelligence is a good thing to have.

To an extent it is; in the wild, reasoning ability gives humans a better chance of survival than other animals. But with that same power, we are about to destroy ourselves along with other creatures. We worry all our lives about death and much of our life is controlled by that fear. Perhaps it is true that ignorance is innocence.

Oka Programs In Spare Time

by Ron Toyofuku

How many people would believe that Richard Oka spends his free time talking to microchips and other electronic gadgetry in a foreign language? This is what is called computer programming.

There are many uses for computer programming. Richard uses his programming skills, which he says are adequate enough to get a good job, for self entertainment — writing games, doing artwork, and composing music. He also says it's a way of passing time when there is nothing else to do. According to him there are "no limits whatsoever" to the uses for computer programming.

I asked him how an average person could learn to program a computer and he gave many ways. There are courses in this school which could give a start to the programming of a computer. There are also many books to read after you have completed a few courses and decide to further your studies. Also you could learn from someone who already knows how to program.

According to Richard, however, there isn't much of a future for computer programmers. He says, "There may be a few but they will be the best." He explained that "by graduation there will be the best." He explained that "by graduation there will be fewer and fewer jobs for computer programmers." He backed this up by saying that by then computers will probably program

other computers. But he does mention that there will be a need for computer technicians to repair the computers.

In Richard's actual programming he mainly uses two "computer languages." The first is Basic. This is easier to comprehend by the programmer and others but is slow in program speed. The other is machine code which is what a computer actually interprets easiest. Therefore this language is much faster and flexible but a lot harder to understand.

Since Richard is quite an experienced programmer I asked him "If you were give the chance to rewrite the school program for keeping track of student schedules this year, how would you write it and how long might it take." His reply, after a long time for thinking was that since he wasn't sure how the system works now, he would write it from scratch. He would give a "data storage" for each student which would hold their classes. He would use another "data storage" for keeping track of who's in which class. Starting from scratch like this he said it would take him maybe 4 weeks including weekends.

His comments on what he would expect from a computer programming job were quite general. It would be "just like any other job" except he would push his salary as high as possible. He would like the benefits of a paid vacation. Where he lives doesn't matter to him. "I can live anywhere," he adds.

Sun Ten, Not Sun Tan

by: Erin McConnell

Sun is an annually published magazine containing the poems, short stories, drawings, and photos of students who submit their work every year in hope theirs will be accepted. Sun 10 is the latest edition, and twelve people from Kinnick have had their creations approved for publication.

Seven people wrote poems. Meg Arthur created a poem entitled "Dragonheart" about an imaginary dragon who kept a lonely child company. Elizabeth Covington's comparison of a rose and her life was accepted along with a pencil drawing she did of a rose.

Jeff Hancock wrote a poem called "Keys" which was about all the different kinds of keys in life including mental ones. Melodie Isgro compared her life with a tree in "My Life Is Like A Tree," and Andrea

Tracy wrote "Red," a poem about all the different things red is involved with.

Jessica Lynch created a poem about how she thinks she has conquered the fear of death, and Debbie Taber wrote "Reflections," a short poem on how a reflection cannot show everything.

The other five people all had their photographs accepted. Rusty Stephan took a close up shot of the famed Wilson Tennis Ball, and Shawn Young backlighted a tree in his picture.

Bobby Yamashita photographed the sunset on the water while two people were there, and Sonya Okamoto had her picture of a sunset among some trees accepted.

Last, Erin McConnell took a picture of some budded wood and another picture of rows of Japanese shoes.

Teen Club Calendar

NEW TEEN MOVIE — N — DANCE NIGHT

8:30 p.m. to Midnight, Oct. 19, 1984

The Benny Decker Theatre has the best seats in the house reserved for the Teens. The popular movie "FOOTLOOSE" will be playing. Why wait in line for your tickets, come over to the Youth Center and pick them up. After the movie is over get your date and friends to the Teen Club for a footloose and fancy free dance. Sound Spectrum will be spinning your favorite tunes. \$2.50 for members \$3.00 non-members. (movie and dance)

BUILD A HAUNTED HOUSE

Oct. 23, and 25

Get your clubs and friends together and join the Youth Center in building

a haunted house for Halloween. We would like to turn the Youth Center into one big haunted house, but we need teens to help us. Come out and have some fun.

HALLOWEEN HAUNTED HOUSE DANCE

Oct. 27, 1984, 8:00 to 12:00 p.m.

After all the hard work of building our haunted house, lets get together and have one big scary Halloween Dance, in our Youth Center haunted house. Grades 7-12 are invited. Costume guests \$1.50 with out \$2.00

JAZZ DANCE CLASSES

Starting Oct. 22, 7:30-8:00 p.m.

Jazz for teens.

Sign-up in advance.

Recent Yo-Hi Volleyball Action

Yo-Hi Vs. Seisen

Yo-Hi's J.V. lost to Seisen Sept. 9 15-12, 15-1.

Taka Bruno scored four points in the first set. Lica Nichols scored two and Samantha Loveland scored four.

In the second set the only point made for Yo-Hi was by Co-Captain Julie Hartsell.

Varsity didn't fare much better, losing two out of three sets. They took the first 17-15, lost the second 15-3 and went down in the third 15-11.

High scorers for Yo-Hi were Melissa Omega and Pam Okamoto with a combined total of 16 points.

Yo-Hi vs. ISSH

Varsity took over the first set with a 15-9 win. Yoko Bruno scored 2 points with her serves. Bonnie Marren scored 3 points with her serves and Ellen Prinz, the high scorer, scored 10 points. The second set was again, taken by Yo-Hi 15-5. Yoko scored 9 points in a row with her serves. Bonnie Marren scored 2 points along with Ellen Prinz.

Yo-Hi vs. ASIJ

JV won the first set with Julie Hartsell's spikes and excellent

bumps. Contributing to the win was Taka Bruno with her serves and bumps. Sophomore Joy Larosa served and scored a couple of points. The Devils won first set 15-9.

Second set was harder. Even with Hartsell's serves and spikes ASIJ always seemed to return what was given to them. Shizuka Simmons was there with her excellent bumps. The second set was taken by the Mustangs 15-9. That led to the tie breaker which was also taken by the Mustangs 15-7.

Yo-Hi vs. Seisen

JV was led by co-captain Julie Hartsell who came in with good serves. Helping Julie was freshman Taka Bruno. They both scored a

couple of points along with Shizuka Simmons, who received Seisen's strong serves. Scoring for Yo-Hi was also sophomore Samantha Loveland. The JV team was defeated both sets with Seisen on top 15-12 and 15-10.

The Varsity was led by three senior captains — Melissa Omega, Pam Okamoto, and Yoko Bruno. Kim Jones, a sophomore, had excellent blocks to help score for Yo-Hi. Yoko was there with serves which put Yo-Hi on the scoreboard. Okamoto and Michelle Priebe both received Seisen's powerful serves. Omega had great spikes which added to Yo-Hi's score. The night ended with a Seisen victory over Yo-Hi both sets, 15-6 and 15-10.

J.V. Rides Over Yokota

The Yo-Hi J.V. Football team still remains undefeated as they beat the Yokota Panthers in a close 28-26 victory. James Richardson led the Devils with 145 yards on 13 attempts, and Donnie Williams added 117 yards on 18 attempts.

Yo-Hi and Yokota kept exchanging the lead, Yokota was first on the board, Yo-Hi was last.

In action the week before, Yo-Hi's J.V. beat the A.S.I.J. Mustangs J.V. 32-0. James Richardson gained 59 yards on the ground on 6 carries while Ed Bides carried 9 for 51 yards. Yo-Hi's defense shut down A.S.I.J.'s offense and controlled their passing

as well.

In Varsity action, Yo-Hi lost both of their games losing to A.S.I.J. 19-0 and Yokota 54-0. Jimmy Frazier gained 85 yards against a tough Mustang defense. Mike King led Yo-Hi's defense with 24 tackles.

Yokota executed their plays very well and Yo-Hi was not able to hold them down. Yokota used Yo-Hi's mistakes against them to up their score even higher. By the end of the game Yo-Hi was behind 54-0.

Don't miss the homecoming game this Saturday when Yo-Hi takes on the Yokota Panthers. J.V. starts at 10:00 and Varsity starts at 1:00.

The varsity volleyball team for 1984-85. Top row: Jennifer Baily, Bonnie Marren, Ellen Prinz. Front row: Kim Jones, Michelle Priebe, Melissa Omega, Pam Okamoto, Yoko Bruno.



Coaches Sound Off

What do you think about the team this year?

Jones We have good strong team but we some improvements to give us full potential.

Blanton The League Championship will be between us and Yokota. Are most of the players experienced returnees or beginners?

Jones Most of the team members are returnees but we have a few new faces that are also helping the team effort.

Blanton They are not really beginners because a lot of them played Youth Football.

What are your expectations for the team?

Jones They have the strongest potential that Yo-Hi has had in a long time and the Kanto Plains Championship is within our grasp.

Blanton I think that the J.V. team should go undefeated this year. How big a team do you have this year?

Jones We have basically 30 players because some J.V. dress out for Varsity games.

Blanton We have about 25 good kids. How is the offense/defense looking this year?

Jones We have a solid rushing game. But we need a little improvement on our passing game.

Blanton They have improved a lot since the beginning, they have done really well so far.

Jones We are known to have the best defense in the Kanto Plains. How tough is the competition this year?

Jones The competition is tough but beatable.

Blanton Yokota should give us the toughest competition. What do you think the team has to do in order to win the championship?

Jones Practice harder to improve our weaknesses and get the student body to support the team which would encourage the players to play even harder.

Blanton They have done really well but there is always room for improvement.

Tennis to Meet St. Mary, Seisen

On October 20, Yo-Hi's tennis team will play against two private schools, St. Mary and Seisen. In the previous year, Yo-Hi lost to these schools for both the men's and ladies teams. This year, however, the tennis team feels that it may be able to get the edge over both schools.

Recent games include matches

with CAJ and St. Joes/St. Maurs. Yo-Hi's men's tennis team lost to both CAJ and St. Joes with scores of 0-5 and 1-4 respectively. The ladies team did well against CAJ, beating them 3-2. They badly lost to St. Maurs with a score of 0-5 and were also beaten by ISSH with an overall score of 2-3.

By Melodie Isgro

X-Country Breaks Dry Spell

This year the cross-country team broke a two year dry spell by winning their first meet. On Saturday Sept. 22, the Yo-Hi's cross-country team defeated Zama for the first victory since Oct. 1982. The team members were astounded, one commented "We couldn't believe it until we saw it with our own eyes."

The next meet was run against ASIJ on Sept. 29. The runners

improved their times, although they were defeated by the Mustangs.

A third meet was run on Oct. 6 against CAJ. After a three mile run the boys were defeated 21-34. With the score of 16-23 the girls were defeated also.

This Saturday, Oct. 29, the cross-country team will run against ISSH at Camp Tama. Be sure to check for results in school news.

Lo Galbo Runs The Distance

Maria Lo Galbo joins in both track and cross country during their respective seasons. Maria likes running because it's the sport she seems to be best at. She also likes trying to build up her lungs and speed which can only be done by running in these sports.

Maria said that you can improve your running speed and distance by just practicing a lot and going "faster and farther" each time. She, herself, happens to have a special talent for running middle distances.

When questioned about the track team's equipment and their coach, Maria replied that the team really needs a lot of new equipment and also that "some of the equipment is missing" from the track team. She

told me that they had some good coaches last year though she's not quite sure of the coaches this year yet.

Maria said that one of her goals by the end of the cross country season is to be one of the top ten runners, then she will be able to go to the Philippines to run and compete.

As for a future job as a track coach, Maria doesn't quite know. She says that she might consider it after she gets better herself and knows more about the individual events.

One last thing that Maria said is that in running long distances, a particular strategy to have is "just to hang in there and keep on running and to try your hardest!"

by Melodie Isgro

Fall Sports Schedule

16 October - Tuesday
Volleyball - Kinnick at ISSH
19 October - Friday
Volleyball - ASIJ at Kinnick
20 October - Saturday
Football - Yokota at Kinnick
Tennis - Kinnick at St. Mary/Seisen
Cross-country - St. Mary vs. (Kinnick vs ISSH) (ISSH vs YIS)
23 October - Tuesday
Volleyball - Yokota at Kinnick
26 October - Friday
Volleyball - St. Maur's at Kinnick

27 October - Saturday
Football - Kinnick at ASIJ
Volleyball - CAJ at Kinnick
Tennis - Kinnick at ASIJ
Cross-Country - Finals
30 October - Tuesday
Volleyball - Kinnick at Zama
9 & 10 November - Friday & Saturday
Tennis - League Tournament at Kinnick
30 & 31 October - Tuesday & Wednesday
Cross Country - Far East (Philippines)