

Echoes



008

School Meets Challenge Of 715

This will be a new column that will address itself to the issues relating to our school. This month Ms. Grasmehr, Principal of Kinnick High School, and Mr. Derr, Vice Principal of Kinnick were interviewed about the computer scheduling, the seven day period, and their jobs in this school.

This year Nile C. Kinnick High School implemented a computer to help in scheduling, but many difficulties arose as eighty extra students registered. On Monday, students came to Kinnick and picked up computerized schedules. Most found their schedules in order and some had the normal problems of conflicting classes in their schedule.

Confusion started that week when both the teachers and students tried changing the schedules so their wouldn't be problems of large classes. Schedules were also rearranged so that the students would fill up the classes of the one and a half new teachers that were finally authorized to the school.

So what caused this to happen? "In the first place," said Grasmehr, "the program wasn't given to us in time to do it backwards." The school didn't have time to set the classes to the choices students had made.

There was also the problem that this was the school's first time to use a computer for the schedules and that they didn't expect to have 70 extra students in the building.

This was mainly because people didn't register on time. So to help in the future Grasmehr says, "When we call for a registration in July, we need to have parents register then." She continued, "We are not allowed to ask for extra teachers until the enrollment is up and until it is actually there!"

However, Derr also added, "It's eventually going to be a great help to us and just this first time we had no work the bugs out of it." Grasmehr also agreed.

So in the upcoming years here at Kinnick you will probably be getting your computerized schedules and maybe one day they'll be correct!

Another thing Kinnick High School started just this year was the seven period day. "The seven period day has been instituted so that all schools in the Pacific have the same number of periods," Grasmehr stated. "This was not a decision made at the local level."

Besides conformity with other schools the seven period day also has other purposes. Grasmehr also said, "This allows much more flexibility in scheduling, it allows more variety in classes." But she also mentioned that it does create more work for both the students and teachers and there are more periods to worry about with less time in each period.

The final subject discussed was

the jobs of both our Principal and Vice Principal. How many people really know what they actually do?

Well, both Grasmehr, and Derr work as a team to get things done. They don't say, "You take this job and I'll do this," instead they tend to share their responsibilities and work together.

Although the Vice Principal takes more of the responsibility in disci-

pline and attendance, some also will lie with the Principal. These jobs Derr says are "necessary, but I don't enjoy doing them."

Both of them also take charge of building maintenance, the school budget, and seeing that we have the proper books and supplies necessary for our classes.

In addition to this, they make evaluations of the teachers; Mr. Derr said, "I don't like the actual evaluating of teachers but I do enjoy going to the classes and seeing the students working and studying very hard."

Grasmehr is also like the school's support system. She sees to it that everything is in order, that people get the best, and that everyone is in a safe and pleasant atmosphere.

Of course the job that both Grasmehr and Derr enjoy the most is working with the students academically and with their extra curricular activities. They really like to see students doing things and getting involved. However, both feel that many of the students are apathetic to the problems in the school. Grasmehr and Derr both feel students should come to them with their problems to have them resolved, instead of just complaining. Better communication between students and faculty will obviously be encouraged this year.

Story and interview by:
Ron Toyofuku



Carolyn Grasmehr
Principal

Concerned About Your Health?

On November 21, Yo-Hi will be having their first Health Fair. Students will teach each other the significance and the importance of their blood pressure and pulses.

In the case of weights and temperature, students will be taught how to take a reading using an oral thermometer and how to accurately use a weight scale.

In the areas of acne and skin care, students will be taught how to care for their skin and will be trained by staff from the Dermatology Clinic.

Sports first-aid will include selected sports injuries and related self-care practices (when to apply ice or heat, how to tell if you have a fracture, how to apply ace wraps, etc.).

In the area of Cancer, how to tell the warning signals, for girls, the Breast Examination, for boys, how to check for cancer of the testicles.

In the area of child abuse, students will explore causes, manifestations (symptoms), treatments, and available resources.

In the areas of stress management, students will learn about the symp-

toms, ways of dealing with stress, the use of bio-dots as an indicator of stress.

Finally, for the smoker or persons concerned with how much air their lungs can hold, there will be a special screening test for vital capacity using a computerized Spirometer that will tell you whether or not you should not smoke, stop smoking or never smoke.

There will be no school the day of the Health Fair. It will be run similar to a science fair.

Mrs. Goins added, "It is possible that we will have professional counselors available, some staff members from the hospital and may be the dermatologists as a consultant. But the services will be provided mainly by students."

Each of those areas will have learning centers because students remember 10% of what they hear, 50% of what they see and 80% of what they do. Mrs. Goins wants to stress "for students who are going to be involved in this project, be prepared to offer hours of training. Most of the training we will schedule during lunch break."

New Officers Elected

Officers for the class student council were elected earlier this month.

For the Senior Class are John Blanton for president, Pam Okamoto for vice-president, Carl Bolin for secretary, Yoko Bruno for treasurer, and Bing Pockalny for student council representative. Their sponsors are Mr. Schmidt and Ms. Ivie.

The Junior Class officers, whose sponsor is Mr. LaMonica, are Daniel Dennehy for president, Bill Helsley for vice-president, Anna Abello for secretary-treasurer, and Hanna Sapi-noso for student council representa-tive.

Elected for sophomore class officers, whose sponsor is Mrs. Stillwell, are Ellie Willoughby for president, Jennifer Baily for vice-president, Sony Stoneburner for secretary, Dawn Ridenour for treasurer, and Renee Lawrence for student council representative.

The freshman class, sponsored by Mr. Logie, has elected Jennifer McConnell for President, Michelle Fuge as vice-president, Mario Calderon and Susan Walker for secretary-treasurer, and Laurie Smith for representative.

Free Body Training Available

Free jazzercise class will be held at the Youth Center on October 1, 1984 at 3:00 p.m. to promote interest in Teen jazzercise.

Teen Jazzercise is taught in a non-competitive atmosphere with "follow-the-leader" teaching techniques. Participants will learn many dance movements and steps put together to form a routine with

music.

If done regularly, Teen Jazzercise will improve the cardiovascular, muscular, and metabolic fitness. It also emphasizes coordination, flexibility, posture, and balance.

Self-discipline will be an essential part of the activity, in class and in preparation for the programs.

Echoes Surveys Yo-Hi Students

QUESTION: WHAT DO YOU THINK ABOUT THE SEVEN PERIOD DAY?

The Echoes is starting a new column. For every issue, an inquiring reporter will ask the student body one question and get their views on it. Every issue there will be a different question. The question may be on any object from school to nuclear war. So be on your toes, the inquiring reporter might ask you next!



Mr. Annibal — "As a teacher I like the seven periods better. The 45 minutes classes are good for the students' attention span, but I fear some students may spread themselves too thin. As a counselor it creates too many scheduling problems."



Tracy Beckmann Senior — "I think it's unfair to the lower classmen. I don't think a better education comes from having more classes. I think it puts too much stress on the student."



Kathy Malone & Marion Calderon/Juniors — "It messes up everyone's schedule. It doesn't give the teachers enough time to teach. The 45 minutes is nice and it gives more credits to the people who need them, but it doesn't give enough time for tests."



Tina Synder/Sophomore — "I think it's OK, in a way, because the classes are shorter. I really don't like seven periods all in one day, it makes too much hassle during school."



David Oliver/Freshman — "I don't like it. There is usually enough time for tests, but sometimes there isn't. I like the shorter periods, but not the extra homework."



Mike Ross/8th grade — "It's OK, I guess. There are too many periods to go to in one day. The 45 minutes for each class isn't enough time to learn, but is enough time for tests."



Nathan Gray/7th grade — "I think the seven periods put the teachers in a better mood. I think that the seven periods are fine, they give just enough time for tests."

Dropping Could Be Hazardous To Your Grades

If you drop or add a class between:
 I. 1-2 weeks (grace period, no penalty)
 II. 3rd week
 1. Conferece required (counselor and adding teacher if known, and a parent's signature is required)

2. When adding a class, the adding teacher, the counselor and the student will review the credit to be received and the required make-up (due to late entrance into class)
 3. "Withdrawn" will be recorded on the permanent record.

4. Parent initiated drops: Parent conference is required with the dropping teacher. If not resolved and the parents insist on the drop — the student will be dropped with a withdrawn on the permanent record.
 III. After the 4th week begins:

1. Student withdraws with a failure on permanent record.
2. Conferences required (counselor, student, dropping teacher and the adding teacher if known, and a note from parent is required)
3. When adding a class, the adding teacher, the counselor and the student will review the credit to be received and the required make-up (due to late entrance into class)
4. Parent initiated drops: Parent conference required with dropping teacher. If not resolved and parents insist on the drop — the student will be dropped with a Failure on the permanent record.

October Birthdays

		1 Christina Davenport Sandora Wilkerson	2 Stephanie Burrows	3 Dale Edwards Carol Lacore	4 Stephanie Cranney Charles Bitting Larry Nicely	5
6 Susan Smith John Yeakley	7 — Alan Jones	8 Mario Calderon William Campbell Akimi Haley "Bonne Anniversaire Josiane!"	9 Robert Bides Carl Bolin Davy Lorisio Marie Sugrue	10 Jennifer Karabinos David Odegaard	11 Michelle Bishop Raul Panes	12 Lisa Brooks Joseph Newman
13 Jeffrey Delaune Marni Shibata Kristin Treadwell Geoff Fong	14	15	16 Evangeline Silva Kimi Jeter Raymond Tauschek	17 Patricia Willey	18 Mary Malone Brent Wiersma	19 Bessey Cagdan Jennifer McConnell
20 Steven Keifer Mary Parker	21 Brandv Gruwell	22 Gilbert Jones Thomas Landford	23 Bridget Caddell Noel Linayao Jonathan Roebuck Michael Westbay Deborah Theis	24 Allen Beall Ray Miller	25 Yolanda Pruneda	26 Thomas Epperson Heather Woodridge
27	28	29	30 Yoko Bruno Deborah Guzman	31 Gary Purbough Nancy Tauschek		

Echoes



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Metal-Heads Rock Tokyo

The cheering of the crowd grows to a deafening roar as the lights dim to black. Suddenly, it is quiet again, everyone is anxious to hear that first sound to be emitted.

Then it comes. Ian Hill starts his bass lead into the song "Love Bites." Everything is still black until a single spotlight finds the mouth of the Metallian stage set-up. Rob Halford crawls out as he screams the first words of the song.

So starts Judas Priest's first show

of their Defenders of the Faith Tour in Japan. Halford and Hill joined by lead guitarists K.K. Downing and Glenn Tipton and drummer Dave Holland put on one of the most exciting concerts. They had taken the Metallian and turned it into their stage which, coupled with the lighting system, leaves one totally awestruck from its evil appearance.

Playing a selection of songs ranging across their lengthy careers, Judas Priest kept NHK Hall rocking for the next two hours. Such new hits

as "The Senteniel," "Some Heads Are Gonna Roll," and "Freewheel Burning" were mixed in with older songs like "The Hellion/Electric Eye" from their Screaming For Vengeance album and "Metal Gods" and "Breaking the Law" from British Steel. Saying Goodnight, the band flew into the hard-hitting song "Green Manalashi."

But the crowd was not satisfied. They wanted an encore, and they got one, and another one. But the third

one is the special one. With the crowd chanting "Judas Priest, Judas Priest" at the top of their lungs, there is an ear shattering roar that easily defeats the sore throats of the crowd.

Red beams of light shoot across the stage as Rob Halford rides his Harley Davidson onto Center stage in a crescendo of noise. The audience screams its approval as the band slams into "Hell Bent For Leather." Then they play a ten minute version of "You Got Another Thing Coming" to finish off the concert.

A Plaque For An Arm

Chris Krivis, a freshman, received a plaque and a letter a few weeks ago for his effort at his job at the post office. He earned the award because of his effort in spite an injury that occurred on the job.

Chris was hired by the Yokosuka base post office through the summer hire program this June. But in early July his right arm was caught in a conveyer belt, injuring his forearm right below the elbow. Although he was wounded during the job, that did

not stop him from working until the last, which was the Friday before school started. The post office took note of this and presented him the plaque in the school office. Although the wound is much better now, his arm will be bandaged for a while.

In spite of all this, he is not discouraged to work again next year. It seems that the reward outweighs the price. He even says, "Maybe I'll get my arm caught again next year, then I'll get another plaque!"

Open House Set For Tonight

Today, September 25, at 3:30 p.m., it will be time for the parents to go back to school. The Kinnick H.S. Parent Open House is scheduled for the afternoon of September 25. The faculty will open their doors to the parents not to talk about grades, but just to talk.

The open house will start at 3:30 with a brief meeting at the Benny Decker Theater. At the meeting the parents will meet the faculty of Kinnick, and also the student body president, Christy Hesby. Then the parents will go pick up their schedules and go to their classes. The parents will follow their student's course schedule, periods 1-7. During the classes the parents will find out what the basic curriculum is, find out what the course objectives are, and of course meet the teacher. After "school" is over, there will be a

reception in the library. The reception will give the parents a chance to talk to the teachers in a more relaxed atmosphere. The parents will also be served cheeses from around the world along with punch.

Ms. Grasmehr says she hopes for a great turnout, and that if a parent cannot attend, that they would feel free to call her and make a personal appointment with her or Vice-Principal Derr. "We want an open door policy with the parents" she said. Grasmehr said that the open house will give the parents a better idea of what their student goes through every day, that it's not easy, it's hard work! Grasmehr also said that the parent open house is not a time for parents and teachers to talk about personal problems, but it is the time for the parents to get a general, over all picture of what's going on at Kinnick.

Fritz Replaces Lane

Mr. Walter Fritz, the new tennis team coach, has just arrived in Japan this year. He is a certified tennis coach by Dennis Vandamere and has been playing professional tennis for 12 years and teaching professional tennis for four years.

Replacing Ms. Lane, last year's tennis coach, Mr. Fritz has already begun coaching and is starting this year's tennis team off to a running start.

He says that the main goals for the team are that they improve personally and that they enjoy playing while putting forth their best. He would like to see the players like tennis as much as to go out and practice on their own everytime they can. By the end of the tennis season, Mr. Fritz would also like to see everyone have at least a 50% improvement in their playing.

Mr. Fritz likes to play tennis because he thinks that tennis is one of the best sports around in which you have to use intelligence to play. "I love tennis," is what he says is his best reason of playing. This is also the reason why he doesn't mind coaching tennis and putting in extra time for private lessons.

To coach tennis, Mr. Fritz uses a

method called the "Professional Tennis Registering Method." He said that this method was developed by Vandamere, who happens to be one of the best tennis players in the world according to Billie Jean King and other tennis pros.

Mr. Fritz also uses many drills in coaching tennis. He feels that the drills are giving the tennis players a feeling of confidence as they see rapid improvement play. He shall also be using tennis videos as reinforcement for what the players are taught on the courts.

Mr. Fritz said that the tennis players have already improved in many ways. "I think the players have a better sense of how to set up a shot and set up a point and about coming up on a short shot. Everyone's improved hitting the ball topspin and now we have to work on spin serves." Mr. Fritz said that you should "start from the net and work your way back" while placing your shots.

The two most important strokes that the tennis team has to work on now is the serve and the return. Most people have a problem of trying to hit the ball too hard. "Control" is the main factor of playing a good game in tennis.

Teen Club Calendar

Teen Club Meetings

Monday, Oct. 1, time 5:00 pm at the Youth Center

Monday, Oct. 15, time 5:00 pm at the Youth Center

Teen Club Membership

\$1.00/month

\$10.00/year

Teen Club membership cards can be purchased at the Youth Center.

High School Dance

Sept. 29, Saturday 8-12:00 pm

\$1.50—members

\$2.00—non-members

The Teen Club will be inviting ASIJ to join in our dance.

Halloween Crafts Night

Oct. 17, 1984 6-7:00 pm. Make your own Halloween decorations for only

\$1.50 plus \$2.00 for a kit.

Saturday Night Movies

Oct. 19, 7-10:00 pm. The movie FOOT-LOOSE will be shown at the Youth Center, bring your date!

Teen Meal Cards

Will be available Monday Sept. 24, cost is \$7.50 for 5 specials plus a soft drink, get them while they last!

Video Game Tourney

Oct. 2, 6-8:00 pm at the Youth Center

TRIP TO DISNEYLAND (teens only) price \$22.00 register in advance at the Youth Center.

VCR Night

Bring your best tape on Oct. 9, 6-8:00 pm

New Bingo Night

Oct. 16, 6-8:00 pm (teens only) only \$1.00 admission.

Drama Begins Year

The first meeting of the Drama Club pulled in many new faces. There are only a few returning technicians and only one returning actor.

The meeting got underway with the discussion of the many upcoming activities and events ahead.

The first major activity is the Health Fair. The Drama Club has planned to do a skit on child abuse, and then, have a serious talk about it. Tryouts for the skit will have to be held as many people signed up to participate.

Next is the Kanto Plains Drama Festival. Last year Drama took second place with the play "The Ugly Duckling" but this year a play has

still not been decided on.

The tournament will be held at St. Maurs, and, for the first time, Zama and Yokota will be participating.

Next, the Far East Tournament is scheduled, but that will not come until later on in the year.

Officers will soon be elected. The requirements for Drama this year will be strict. Every member will have to actively participate in some way or another in an activity.

Qualifications for a letter are even more strict. Ms. Fong, the head of the Drama Department, says she will treat the plays just like any other sport. Everyone involved will have to attend all the practices and meetings, no skipping.

Yearbooks will be on sale through Oct. 5 for \$20.00. Buy them in the student cafe at snack break.



Walter Fritz comes to Yo-Hi from Bahrain. In addition to coaching he teaches drama and English.

The new eligibility policy for extra-curricular activities now reads that if a student has one F he/she is ineligible for the following week and goes on a weekly eligibility list. If he/she is failing in any class for each week he/she is ineligible for the next week. Only those people showing F's on their report cards for the quarter at the warning of no credit time will be placed on the weekly list. The teachers will then indicate each week if the student is failing or passing for the week in each class. If the student gets any failure for the week the ineligibility will continue for another week.

Yo-Hi Faces ASIJ Saturday

Saturday, September 25, Yo-Hi will play last year's Kanto Plains Football Champions, the A.S.I.J. Mustangs. Yo-Hi was defeated twice last year by A.S.I.J. 6-3, Homecoming game, and 14-7 at A.S.I.J.'s Homecoming. J.V. game time is at 10:00 o'clock, and Varsity starts at 1:00 o'clock.

Sound defense and sound execution led to a 20-8 victory over Hakusan High School on September 8. Jimmy Fraizer scored three touchdowns, one of them being a punt return. Bill Nicely and Mike King led the defense with 26 tackles each; and Sand Jones did his part with 20 tackles.

J.V., behind in the first half, fought back in the second half to tie the Yokogakuin Eagles 12-12. Ed Bides carried 14 times for a total of 111 yards, and James Richardson carried 6 times for 95 yards. Donnie Williams carried 8 for 63 yards.

On September 15, Jimmy Fraizer and Richard Baily led Yo-Hi to their second pre-season varsity win over Konandai High School. Baily carried the ball 14 times for 83 yards and two touchdowns, and Fraizer carried six times for a total of 62 yards and one touchdown. Danny Dennehy added two field goals to boost the Devils to a 27-0 win.



Jimmy Fraizer receives the throw and is off from his third touchdown. Yo-Hi defeated Hakusan 20-8 in its first pre-season game.

Volleyball Stretches in Preparation

"Come on, stretch those muscles. There you go, think Volleyball Magazine!" shouts Varsity Coach Fong. Along with him are two new coaches — Charrisa Gray and Allison Settele. The usual workout starts at 3:00 p.m. and ends at 4:30 p.m. Varsity has five returnees — Yoko Bruno, Pam Okamoto, Melissa Omega, Kim Jones,

and Michelle Priebe. Also three open spots were filled in by J.V. members — Jennifer Baily, Bonnie Marren, and Ellen Prinz.

Coach Fong tells who will be a challenge to Yo-Hi. "All of the schools are different every year. So, I think all the teams we're going to

face will be tough."

The J.V. team has a lot of girls who are mostly freshmen and sophomores. This year's J.V. returnees include: Renee Lawrence, Janet Allen, Rhonda Burrows, Julie Hartsell, Samantha Loveland, and Beth Ranay.

Gray explains the scene during practice. "All the girls try their best and are really enthusiastic about the sport." Settele adds, "When some of the girls aren't having such a good day, they try to encourage each other which is probably going to be the key factor along with skill, to make our J.V. team the best as possible."

Kinnick to Face CAJ

On September 29th, this Saturday, Kinnick High's Tennis Team will be going against CAJ (Christian Academy of Japan). Last year, Kinnick had somewhat of an edge over CAJ which they are hoping to retain this year also. Though the tennis team has lost many good tennis players from last year, they have also gained many good tennis players this year.

The returning players and the new members that make the tennis team are, for the ladies, Yuria Aihara, Erin McConnell, Kate Paulsen, Kellie Mahoney, Jane Westbay, Jennifer Tabb, Christy Hesby, Jennifer McConnell, Melodie Isgro, Maria Aihara, Tanya Whiten, and Debbie Brant. For the men of the tennis team, the players are Mark Wagar, Tom Billings, Mike Jones, Mike Westbay, Francis Ang-Rabones, Don Coffee, Tim Wooldridge, Chris Westbay, and George Tionson.

The tennis team's manager/player for this year's tennis team is Tim Wooldridge. He has so far been directing the tennis team in what they should do and has also set up the Tennis Display Case near the office. Coach Fritz is the new tennis coach.

The first game of the year for the tennis team was against Yokota. Unfortunately though, it was a rainy day and some of the matches got "rained out."



Jane Westbay is one of four varsity tennis ladies' returnees.

Drill Team Jams

This year there's another activity to contribute to school spirit — the drill team. "Drill team requires a lot of spirit, hard work, cooperation and teamwork," states the girls sponsor, Dixie Johnson, a teacher at Sullivans school. Johnson also adds that the drill team is an opportunity for girls to work together and help promote school spirit. Johnson, in high school, was on her school drill team and claims it was difficult because it was precision marching. This year the drill team is less marching but more jamming.

Drill team started last April, when

the girls worked on routines and moves and continued through summer. They spend one or two hours on practicing, daily.

Drill team will not be traveling in the fall and is not sure about spring sports.

This year's team includes Anna Abello, Marion Calderon, Jo Anne Ferrer, Kori Marolf, Dana Russell, Hannah Sapinoso, Patty Willey, Anita Wilson, Jennifer Woolridge and Tami Mc Devitt as manager.

"Drill team is just beginning, and we are planning on having a lot of fun working," concludes Johnson.

Off To A Running Start

This year's cross-country team is off to a running start, with good returning players such as Chris Elders, Scott Wilson, Carl Bolin, Bruce Begnell, Barbara Gouslin, and Maria Lo Galbo, and many new runners. Bob Rydelius, the team's sponsor, agrees that the boys team especially will be very strong.

With 11 runners on the boys team this should arouse competition within the team, comments Rydelius. The girls team, however, was only four runners which is not even officially a team. Their first meet is in Camp Tama on the 22nd and Rydelius is hoping for an "improved season." Part of the cross-country team will be

going to the Philippines this year for the Far East meet at Wagner High School. The meet is on Oct. 31 and Nov. 1 and only four male runners and four female runners are invited.

In order for an individual to participate, says Rydelius, they must be among the better runners, practice on a regular basis, and be a good team member.

This Saturday, Sept. 29, the cross-country team will run against ASIJ. Last year the team played ASIJ, but lost due to the lack of runners. This year, though, the amount of runners is almost double and enough to legally claim as a team.

Fall Sports Schedule

28 September — Friday
Volleyball — ISSH at Kinnick

29 September — Saturday
Football — ASIJ at Kinnick
Volleyball — Kinnick at St. Maurs
Tennis — Kinnick at CAJ
Cross-Country — ASIJ vs Kinnick

2 October — Tuesday
Volleyball — Zama at Kinick

5 October — Friday
Volleyball — Kinnick at CAJ

6 October — Saturday
Football — Kinnick at Yokota
Tennis — ISSH at Kinnick
Cross-Country — Kinnick vs (CAJ vs ISSH)

9 October — Tuesday
Volleyball — Kinnick at Seisen

12 October — Friday
Volleyball — Kinnick at Yokota
13 October — Saturday
Football — Kinnick at Zama
Tennis — Zama at Kinnick
Cross-Country — Yokota vs

(Kinnick vs YIS)
19 October — Friday
Volleyball — ASIJ at Kinnick
23 October — Tuesday
Volleyball — Yokota at home

20 October — Saturday
Football — Kinnick at St. Mary/Seisen
Cross-Country — St. Mary vs Kinnick vs ISSH (ISSH vs YIS)