### 71-72

## Natural High

The Christmas Assembly along with "Natural High" will be held today. Because these two shows will be in conjunction, the Christmas Assembly will be cut short by omitting the skits and choral performances. The faculty performance has also been cancelled since many teachers are still involved in the unpacking of supplies and have had no time for planning a skit. "Natural High" was originally scheduled for last week, but was postponed until this week due to difficulties in obtaining the Benny Decker Thester.

"Natural High" will be performed tomorrow night, December 18, also. The Shizuoka Girls Chorus and the Tokyo Youth Orchestra will be performing in the same show.

Dec. 17

# Tricycle Race?

Heading the list for the brand new year of 1972 assemblies will be the Junior sponsored Tricycle Race. No facts have been disclosed as the juniors want the events to be kept secret to arouse the interests of students. It will be held in the fantastically large parking lot in front of the school.



After the Tricycle Race, the Senior class will sponsor the Talent Show. Anyone who has (or thinks he has) talent should contact his respective class officers who will in turn give the names to the Commissioner of Assemblies.

Also, sometime in January, there will be a Pep Assembly for basketball.

In February, the freshmen will sponsor the crowd-gathering Pillow Fight.

Pillow Ho

hristmas,

the

### Don't miss this!

Last Friday our fantastic cheerleaders traveled to a Channel 12 studio to appear on TV for their second time. cheerleaders were divided into four groups and cheered for each of the four competing teams of Japanese stars. One of these stars included an ex-Yo-Hian, Ann Lewis. A few of the other stars were The Four Leaves, Shu Kurimu, and Emily Beard. This show, called Kinyobi Special (Friday Special), will be televised tonight, December 17, at 9:00 on Channel 12. DON'T MISS IT!

# Self Punishment

Earlier this month, three members of the Student Council along with the class presidents met with Commander Skirm, Captain Van Ryzin, Colonel Strain, and Lieutenant Johns to discuss problems of student discipline.

It was decided that the Student Council will make a "Code

of Rules" which will place certain restrictions on the students while they are in school. If the students violate this "Code of Rules" the Student Council will decide the punishment, not the Shore Patrol. Upon catching a violator, the Student Council will hold a hearing with all its members. Mr. Spaulding will also attend these hearings, but the Student Council will have the power to decide the punishment.

This "Code of Rules" will be given out to students after the Christmas Vacation.

Since the students now have the power to discipline themselves, any disciplinary incidents will be a reflection on the whole of Yo-Hi. Is it really hard to act civilized?

Briefs day of

-- The Junior-Senior Prom of 1972 will be held in Yokosuka. It is tentatively scheduled to take place at Club Alliance in mid-May. The theme is still undecided, although many ideas were brought up at the Junior Class meeting last Friday.

—The Yokohama students were given bus passes and seat assignments last Friday. It seems to be the fault of the Negishi bus. The students are now required to show the passes to the bus driver in order to get on the bus.

— The furniture for the student lounge will soon be coming in. The Student Council has also decided that the furniture in the resource centers should be replaced.

-- Students are now allowed off base during school hours, CNLY WITH PARENTAL ESCORT.

-The rumor that there will be no exams this year is true. Mr. Spaulding has assured us that there will be no two-hour exams as in the previous years. However, it is up to individual teachers to give semester tests to students during class hours.

Merry Christmas







"Echoes" Staff

There is an old saying that a gift that you make is a gift from the heart. (Notice how long a mother keeps an old mangy pot-holder which causes more burns that it prevents because her son made it especially for her at Christmas.)

Once again, it's early December and already many pockets are feeling tight. This is only one, but perhaps the most important reason why many of us seem to resort to hand-

made gifts to give others or to keep for our own sly selves.

Got a man's old shirt around the house? This could be easily transformed into a Mexican top for your jeans, a smock for Mr. Rydelius's class, or even a night gown (with a

little imagination on your part and instructions which are found below).

The color and fabric of the shirt, and the type of decorations you give it, will determine how to wear your Mexican shirt. For example, a fine white-on-white or pastel-onwhite shirt trimmed with white or pastel lace, would make a very dainty, feminine sleep smock. A yellow shirt with orange braid or fringe trim, on the other hand, would be great to wear with jeans. Embroidered trim will give a Russian peasant effect.

All you need is one old man's shirt, and 3 yards of braid or other trim.

- 1. First cut off the collar just above the neckband. (Stitching on neckband will keep edge from raveling.) Cut off cuffs; turn edge under 1" twice and machine stitch. Sew edges of opening at bottom of sleeve together. Leave the shirttails alone.
- 2. Cut a piece of trim 3/4" longer than the top of each pocket. Turn in edges and pin to pocket top.

Fir trim around the sleeve bottom and stitch up opening.

- 4. Pin trim completely around shirt: up on front edge, around collar, down other front eage, and around shirttails. For a Mexican wedding shirt look, pin ruffled lace in four rows on each side of the center front, covering up the peckets for a bib effect, Ray Koski:.....To go to Portland, too! as shown in the sketch.
- Sew fringe, lace or other trim in place, and voila la fin!

New Year's Resolutions Chuck Foreman: .... To get out of Japan as fast as possible.

Blair Mekenzie:....To lose weight. To further help my Senior Class.

Marty Honaker:... To try to keep Leasa from getting mad at me.

Kate Langely: ... To stay away from bad influences.

Mr. Tucker:... To hit kids more severely. Greg Bettencourt:..To stop "smoking." Mike Black:.....To be "cool"

Debcie Silverthorn: To learn to leap in P.E.

Of course, there's always the ski jacket, another jacket that's warm and comfortable, and

How about skiing in knickers? That's right. They're not only comfortable, but warm, too. Besides knickers, there are knitted hot pants. Wear heavy stockings and knee socks and you'll stay as warm as if in pants. Ski pants are quite popular still, and now are

Combine the jacket and pants into one, and you'll have a ski jumpsuit. Try a short-sleeved, quilted nylon jumpsuit, zipred over a hooded pullover. This outfit looks great

with a pair of huge furry mittens.

HOW TO BE A GREAT GIFT GIVER: Listen like the FBI when they mention something within your price and hearing range. Remember hobbies, interests, reading habits and listening pleasures. (Not yours, theirs!) Ask not the recipient out his family or other close friends, to discover ideas.

All I want for Christmas is: Peggy Jackson: ... Eddie!

Dave LaRue:.....Sansui 4050 turntable Mr. Hurst:.....At least one basketball victory to beat the football record.

Kate Langley: .... To go to Portland for a vacation.

Mike O'Brien:....To get out from going to reform school.

Tee McFarling: ... A little rubber duckie! Fete-san:.....Yo-Hi's old school building.

Chuck Foreman:...To get out of Japan! Mark Ellis:..... A new green raincoat! Turbi Stanton:...Someone to love and to cherish!

Skiing is a winter sport that's popular among people and fashionable, too. This coming vacation, there will probably be some students who plan to go skiing. The following are a few tips on clothing that can be worn.

Try a quilted nylon jacket cut to fit like skin that moves with you. A skinny brown glace jacket also has a smart look.

made of gabardine, a non-skid farric popular in most ski wear.

HOW TO BE A GPEAT GIFT SHOPPER: Avoid misery: shop not during weekends, lunch hours, rush hours, or at the last

Stuff your stockings early. The later it gets the colder it is and the emptier the shelves.

Do your shopping homework. Spend an evening curled up with a pile of catalogs locking for ideas.

Stmas eve is the greatest night in the year. When everybody is in bed, down the chimney comes an old gentleman in a red cloak, bordered with white fur, carrying over his back an immense sack stuffed with toys and candy and nuts, which he empties into the stockings of good little boys and girls asleep and dreaming. The fact is, Santa Claus, Saint Nick, Father Christmas, Bohomme Noel, Knecht Cloves, or whatever else children may call the old gentleman with the sack—the fact is, he is a ghost.

He is the ghost of that good St. Nicholas who went about doing generous acts in secret-who slipped money, silver, and gold through the keyholes or under the doors of poor people, and made homes happy without letting anyone know how it happened. Nicholas was a kind man, and now he is a kind ghost. All over the world—in Europe, America, Asia, Africa and Australasia -- the ghost of this good old man on Christmas Eve passes down millions of chimneys, and fills billions of stockings with trillions of toys and quadrillions of candies. It is really true that it is the spirit of St. Nicholas who comes across the snow on Christmas Eve,

Santa Claus very often takes a human form. There are so many chimneys in the world, and children who will wake up so dreadfully early on Christmas morning, that nowadays often a ghost has not time to go all around the world in a single night. So the ghost of St. Nicholas splits itself into little atoms, like seeds thrown from a sower's hand, takes root in the heart of fathers and mothers, and uncles and aunts, and guardians and friends,

and turns them all, on Christmas Eve, into Santa Clauses.

This is the true explanation of SantaClaus. Maybe in old-fashioned out-of-the-way places father Christmas really rides about on a donkey or in a sleigh pulled by reindeer, and climbs on roofs, and descends down the chimney with his sack of toys. But if there had never been a St. Nicholas who was a real man, no stockings would ever have been set

up on Christmas Eve for surprises and gifts.

If you keep half an eye open this Christmas Eve and see, while you pretend to be asleep, your father and mother enter the room with parcels of toys, candies and oranges, just say to yourself that Santa Claus is "employing" them to do his work, and that if St. Nick had not lived and done kindly things, you would never have had that box of soldiers, that automobile, that farmyard, that grocer's shop, that book of fairy tales, those skates and that model airplane on Christmas morning.

WHAT ARE Your Plans 4 with the Christmas holding coming up what are you going to do with all your free time?" This question was asked of some of the students of Yo-Hi:

Kathy Cooney: Do a good deed of something like that. Probably not much.

Kate Langley: I want to go skiing with my friend who is coming from S. W.

Tim Lewis: I am going skiing and have lots

of fun seeing movies.

Bob Murray: Go down to Motomachi and walk up and down the street looking for girls. Diane Silverthorn; Maybe go skiing and spend time with my brother who is coming from the States.

Arlene Bailey: I am going skiing maybe, tutor some, and play with my chicken and puppy. Sue Raines: Go to Tokyo and learn Japanese

Harris Nakamura: Sleep, sleep, sleep and eat, eat, eat, and print, print, print. Kerry Pate: Sleep and hang around with Greg Bettencourt.

John Haggerty: It depends on what B.S. is doing.

Beverli Shick: (B.S.) Do nothing with J.H.

Q. How may fish are in a pond?

A. More than not in it.

Q. Did you ever hear what happened to the squirrel who was hit by flying acorns?

A. He turned into a nut.

Guess what happened to that kid who cut classes?

A. They sent him to the electric desk.

Q. Have you ever seen a typewriter?

A. Gosh, I dunno. Q: Well, have you ever seen a typewronger?

SICKENING A. I think so.

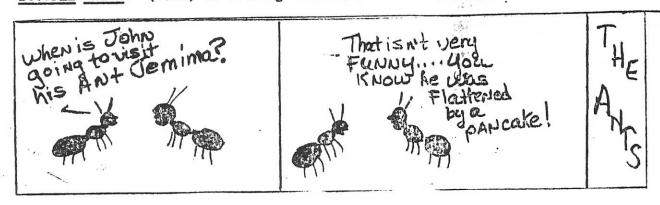
Q. Did you hear about the sailor who tried to play baseball.

A. Yeah, he struck out at an off base ball.

SICKEL

Q. Did you hear about that kid in journalism? A. Yeah, he thinks his jokes are funny.

Sick. SICK SICK



Stephanie F., spoiled, sexy, stunning, teenage heartbreaker . . . The sneaking suspicion on the eve at the national primaries that the candidates in 1972 will be Richard Nixon and Mike Slater . . . The return of the rock scene . . . Bald, fat, but still smoothies, the Beach Boys and their new album, "Surf's Up" . . . Such religious sayings as "He's with God." (We didn't know that anybody at Yo-Hi was into anything but the cafe.) The sudden inescapable feeling that this year never happened.

Merry Christmas

M icky Mouse -- Bryan Ching

E erie--Francis Gray

R omantic -- Steve Brown

R idiculous--Tobey Woodard

Y okosuka--Yo-Hi Devils

C onceited -- Sheryll Sundeen

H appy--Mike and Linda

R uthless-Roy Murakami

I nteresting -- Mrs. Mall S tupid--Jeri Welch

T errible Looking--Angus Boezeman

M ysterious--Vivian Skiles

A rtistic--Marie Baker

S ick--Tiffany Craig

What is CHRISTMAS?

Christmas, the birthday of Jesus Christ, is the most sacred day of the year to Christians. In Christian homes in all countries, there are family reunions and joy for children. But more important, it is a day of reverence. On this day Christians all over the world attend special religious services to honor the birth of their Savior.

The word Christmas comes from the Latin word meaning Christ's Mass. In most of the Christian world, Christmas is celebrated on December 25th. In the Fourth Century, the Church declared December 25th as the day on which the Nativity would be celebrated.

Get this, there is no certainty as to either the day or month of Christ's birth in Bethlehem. (December is cold and rainy in Bethlehem.) There is also no certainty as to the actual year of the birth of Christ or when the celebration of his birth was first observed.

Only a few of the Christmas customs that have come down to us through the ages have a Christian origin. Some customs come from mythology, some from religious practices. But what would Christmas be without the brightly decorated tree, the giving of gifts, turkey with all the trimings, and SANTA CLAUS?

Winner of Last Weeks

with all the trimings, and SANTA CLAUS? CHRISTMAS CAROLS
O'HOLY NIGHT-Saturday Night at ?'s.
Jingle Bells-Pam Penney

Rudolph the Red-Nosed Reindeer-Bill Barnes Twelve Days of Christmas--Teen Club's Bandai

Trip Little Drummer Boy--Harry Skirm Deck the Halls--The Senior Well O' Come All Ye Faithful--All Yo-Hi lovers What Child is This? -- Fill Craig White Christmas—Kathy Wire

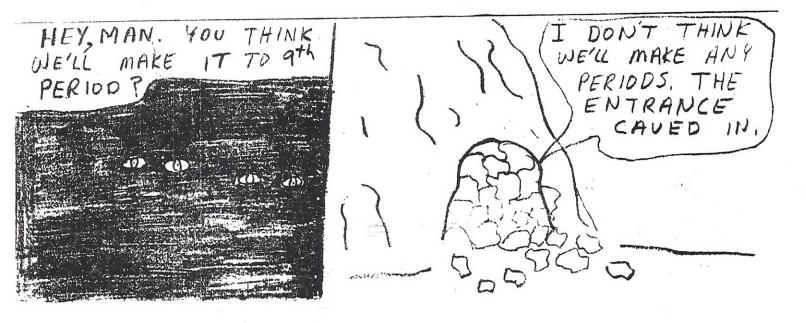
One not-so bright man was shoveling snow from the side walk. A neighbor came by and thought he would have some fun and asked, "Why don't you just burn the snow instead of shoveling it away?" "Because," replied the N. S. B. man, "The ashes might pollute the

Name Same Congratulations to the winner of our "Find the Cheerleaders" Name Game. The winner receives a prize which he may collect in Room 302 2nd or 6th periods today. Congratulations:

CHRIST MAS
Christmas is a time of joy,

For every little girl and boy, With the tree so bright And the house so light. Christmas is a time of joy.

With gay carols to sing, And many other things, Candy and presents - oh, so dandy! Christmas is a time of joy.



Last Saturday, December 11, the Yo-Hi wrestlers held their second match of the season. The Devils hosted this match for the ASIJ Mustangs and the St. Mary's Titans at Thew Gym.; Because St. Mary's failed to show up, the weight classes had to be shuffled around, causing some confusion and disapointment to some people.

Our team placed second in the twoway match and ASIJ came in second from (Unbiassed report.)

The results follow:

WT. CLS.

101 lst John Henie 2nd ROBERT SANTOS 3rd Tom Commer WAYNE NAGAO

122 lst Don Heiss MIKE SLATER 2nd 3rd Steve Barker

129 lst Craig Nelson Bill Oliver 2nd

3rd BERNARD SEVERANCE

lst 141 Keil Lee 2nd Humbert Oliver REX WRIGHT 3rd

lst 148 Steve Morano 2nd Brad Rainoff JIM SLATER 3rd

lst Dan Jastrom 170 2nd Glenn Moran

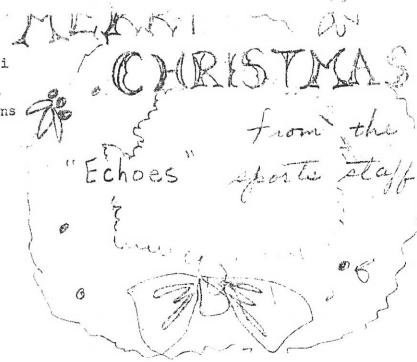
Chris Gloede 3rd

HWT lst Tom Knight 2nd T. MCFARLING Jon Browne

Last Saturday, the great Yo-Hi basketball team visited Zushi High School for a practice game. The game began at 1300. The starting line for the JV team was Scott Peterson, Bill Weddington, Eric Watabayshi, David Louk and John Backman. The starting line for the Varsity team was Bryan Ching, John Haggerty, Steve Kurpuis, Don Roper, and Greg Valdez. Although both teams lost, they got good experience and a chance to find out where they need more practice. A member of the JV team claimed that our team was beaten because of some poor shooting on our side.

this sesson from the roundballers.

Anyway, our team is now busy brushing up on the rough spots and we can expect some very good games Good Luck!



This week's Mystery Athlete is a 5'82", 160 pound senior. Hailing from Columbus, Ohio, he has been in Japan for 12 years. Although he played of the football team this past season, his favorite sport is track. He participated in wrestling and track last year and plans to go out for track again this year. His pastimes include weight-lifting and chewing toothpicks. (Know who it is now?) Our M.A. has a younger brother who is a junior. With a middle name like Leverne, who can miss him. If you're not as bright as most people and still haven't guessed, turn this page upside down and look at the top (or you can hold it up to a mirror and stand on your head, whichever you prefer).

#### FREE? CO BOWLING

On those lucky days when you have nothing to do all afternoon because you have no classes and have finished all your resource time, why not go bowling? After all, it's the most popular sport going in Japan right now.

Just go out the back entrance of the school and walk straight down past the Benny Dacker Theater until you come to Barracks "C" where the library is located. On the third floor, you will find the famous Base Bowling Alley. You can bowl for as little as 30¢ per line. It usually isn't too crowded and you can get a lane right away.

Also you will find a cozy little snack bar where you can get sandwiches and drinks. It's convenient when the main Snack Bar gets overcrowded, as usual.

You should try out these lanes with a couple of friends and enjoy a good afternoon.

What's the difference between a truckload of Ron: bowling balls and a truckload of babies? Sally: A"duH!" I don't know.

You can't unload bowling balls with a pitch Ron: fork!!

Sally: \*?!#PUKE%\*





Each breath you take carries some 40,000 particles of dust to your lungs if you breathe "clean, country" air, some 70,000 if you live in or near a city. Cars release daily 250,000 ton of carbon monoxide. (Redbook Magazine)

These unbelievable statistics are a reality. Again, there are things you and

your family can do to help.

Remember, a tuned car emits less pollutants. A bicycle emits none. When you buy a new car be sure to ask about pollution control devices. Something to remember is the fact that the smaller the engine, the less pollutants the car will emit.

Yet another type of pollution is becoming a problem. Scientists are spending a great deal of time researching noise pollution. So far they figure that if the noise level

level increases at its, current rate, we will be deaf by the year 2000. And the year 2000 will be here before any of us reach 50!

It is our hope that these articles have helped to enlighten you on the subject of pollution. Perhaps it is not apathy, but rather lack of education, that has prevented us from helping ourselves. Pleasc do your part to help and to encourage others to help themsclves. We are not helpless; there are things we can do. Learn all you can about pollution. Write the Congressman of your home state. Below are some

addresses of organizations devoted to cleaning up our enviormment. Write to them to find out more of what you can do to help.

Ecology Action Inc. 2000 P. St. N.W. Wash. D.C.

Ecology Action Inc. Box 9334 Berkeley, Calif.

Friends of the Earth 30 E. 42nd St. M.Y., N.Y.

看看你

BROTHERHOOD

Today, our cities, countries, and even our world is filled with so much evil and filth. Nature is disappearing. "Humans" are disappearing. Nothing is left that resembles the world of a century ago. People are changing so fast with the changing of the world. Some are changing for the worse. Just like everything else, human beings are beginning to be made of plastic.

In this world, where trouble arises from every hole in a sponge, you'd think people would learn to be more themselves and not conform to everyone else. Mayba it IS because there's so much evil in the world, people have to dress, talk, and act like everyone else in order to be accepted by the majority.

You know, it's really hard to be totally accepted by anyone in this world today. Sometimes, it's really hard to understand. Does a person have to be white, have short hair, be clean, dress conservatively and wear glasses so everyone can like him? Can't we accept people as individuals, as one human being, who was put on earth to lead his own life and have the same amount of rights and privileges as anyone else? Why should everyone believe in the same religion and the same principles as others?

We, as human beings, have no right to prevent people from doing what they feel is right. Why don't we practice what we preach when we sing, "and crown thy good with BROTHER-HCOD ... 18

Christmas! The Most Loved Time of the Year, or Is It?

Christmas, the day for which children wait 364 days and the time all the advertising companies wait for even more than little children.

Little children become excited, and anxious, every year starting around Dec. 1. They just can hardly wait for good 'ol Saint Nick to come in his sled, especially when he's carrying all the toys and presents.

There's only one other group of people who can't wait for Christmas to come, and that group of people is every advertising company everywhere in the world. They dish out the good Christmas spirit, with "Look at this fantastic new toy such and such company just came out with. Your little child will just love it!" And don't forget all the commercials, and billboards,

which spread the Christmas spirit with "buy this." Don't you think that this sort of advertising is just a little bit out of place? This is the time of the year to be jolly and gay; it's not the time of the year to squeeze the last penny out of your

brothers. Nor is it the time to be engaged in a war. Maybe living in Japan you people can be different and forget all the advertising and propaganda that's going on in the States. Let us be different. Let's

remember what Christmas is really all about.

"You should be on our bus. We have tunnel time and it's really fun."

Tunnel time?

Is it fun? On some buses, tunnel time is when four or five boys gather and decide to "get"afew boys on the bus. Two boys volunteer to do the clobbering while the other two or three along with them docide on the victim. Those usually sit in the back

and you can hear giggles from there. As we near a tunnel a soul yells. "Tunnel time!" Next thing we know it's dark and we can hear the sound of someone being rounded on ...

"Ouch!" and people around laugh, having a "good time."

Is tunnel time necessary to have a good time? Are we so low in maturity that we have to act "tough" and pound someone to get a few giggles? It is in bad taste, and, plus that, you may be the next victim.