

ECHOES

Nov. 15, 1968

YO-HI

NO. 11

Weekly Press Talk

This week for our weekly press conference the "Echoes" interviewed Mr. Spaulding.

We asked him if the Yokosuka busses are going to have "bus daddies." His answer: "Yes, because the kids make such a mess."

To answer the question "Will there be a Turkey Bowl this year?" he said, "No. The Turkey Bowl is sponsored by the Japanese-American Football Association. They must submit their plan for approval to KPSSAA (our league), but they haven't done this, so evidently there will be none."

We asked him how he feels about the football teams this year and he said, "Great! Fantastic! They started from the bottom and went straight up."

When asked about the hair rule, Mr. Spaulding stated that there is a DOD regulation that says no long hair or mustaches can be worn to school by students.

In some schools in the States, the boys on the football team are not required to take PE since they have exercise playing football. We asked Mr. Spaulding if Yo-Hi could have this system.

His answer: "No. The reason for PE is not only exercise but also learning skills in such sports as tennis and soccer. These skills cannot be learned by playing football, so all the boys must take PE."

The "Echoes" thanks Mr. Spaulding very much for his time.

Yokohama Yokosuka TEEN Clubs

This week at the Yokosuka Teen Club there will be a dance from 8:00 P.M. until 11:00 P.M. With music from the Family Dog, a band from the Arlington. They played at our Teen Club two weeks ago and proved very good. The price is 25 cents stag and 40 cents drag.

The Junior division of the pool tournament begins Friday.

There will be a dance at the Yokohama Teen Club on Saturday night. "Ebony and Ivory" will play and the price is 50 cents stag and 60 cents drag.

New EQUIPMENT

Mr. Kono has ordered equipment for his shop and mechanical drawing classes. These include drawing desks, T squares, drawing boards, planners, lumber, hand tools, pencil sharpeners, thinners, glue, compasses, varnish, and sanders.

buy your
ANNUAL!

Notice

The Powderpuff Football game which was to have been played yesterday was cancelled because the freshmen and sophomores are on a field trip. It will be played on November 27.

Next week an annual sales campaign will take place. The price will be \$5.50 a copy. During the sale in February, annuals will cost \$6.00. Buy your annual now!

Veterans' Day

Last Monday, a holiday passed which, for many, probably went unnoticed, except for the fact that it was a day of no school.

It was Veterans' Day, a day set aside by the president to honor those who were sent to war and returned and those who went and never came back.

It was April 6, 1917, when Congress declared war and entered World War I. The song, "Yankee Doodle Dandy" was being played as we sent our "doughboys" off to Belgium. We were sending four million men under General John J. Pershing as commander. We made attacks and were attacked for less than a year. On the eleventh hour of the eleventh day of the eleventh month, the Germans surrendered; it was Nov. 11, 1918.

On Nov. 9 of the following year, the unknown soldier came home. He sailed up the Potomac River where he was to lay in state at the Rotunda until Armistice Day. This soldier, stripped of his name, number, and valor, was given a great honor, for only three presidents had at that time lain in state: Presidents Lincoln, Garfield, and Grant. He also was given the Victoria Cross, an honor never given to anyone but British subjects.

As Armistice Day came, the soldier was laid to rest as "America" played in the background, and so it came to pass that this was "Veterans" day, Nov. 11.

Bayview

The Bayview Recreation Center has announced a chance to form a "recreation" night. Ideas suggested: a tape night (everyone brings tapes and exchanges with others) or a record night.

If you would like a certain night set aside for a certain club or event (such as chess, stamp, etc.) or have an idea for this Recreation Night—send your ideas and suggestions to Room #301.

If enough people would like a Recreation Night, it will be established, but only if enough people show an interest.

\$5.50 Now!!!

A Diet for Me!

Do you have a weight problem? Even if you don't, sometimes a "diet" is good for your health. Last week we discussed the effect of diet on skin. This week, we have two diets that are for weight loss. Both of these were discovered by the Mayo Clinic and ought to be helpful.

The first is the grapefruit diet. This diet is very easy to follow, and is helpful for losing weight: Eat one half grapefruit at every meal, or drink grapefruit juice. Do not eat sugar, starch, or salt. (Strictly this would include all natural sugars, but, even if you eat some, you are bound to lose weight.) You may eat as much as you like at a meal, as long as you stick to the above rules. Eat as much fat or oil as you like, as long as you also include the grapefruit.

The second is known as the "High Protein Diet." This diet is supposed to have a high "satisfaction" value. In other words, you won't feel as if you are dying of starvation. The "High Protein Diet" is outlined below:

1. Lean meat twice a day, as much as you like.
2. A large serving of vegetables twice a day.
3. Fruit at every meal.
4. One slice of bread a day with one pat of butter.
5. Two glasses of skimmed milk daily.
6. Jello, sherbet, or sponge cake once or twice a week.
7. Uncreamed or dry cottage cheese.



Do not eat fried foods, potatoes, corn, peas, or dried beans. In the fruit stay away from bananas or dried fruit. Avoid cereals, rice, spaghetti, and cheese. Also avoid oils, any type of desert except those listed above, dressings, gravies and mayonnaise.

Before going on any diet you should consult a doctor.

Can You Imagine?

- Kim Osman--with long hair?
- Jean Luza--with a dress at least three inches below the knee?
- Cheryl Brown--with short brown hair?
- Debby and Larry--on friendly terms?
- Terry Bolton--with a service gut?
- Miss Donahue--weighing 120 lbs. with long, straight hair?
- Dee Dee--without Billy?
- Ken Clark--with a crew cut?
- Kathy Murphy--beating Leroy F. at a game of pool?
- LaVerne Stansell and Ron Smith-- going together?
- Laura S.--with her mouth shut?



Favorites

- Girl of the Week--Karen Fujikawa
- Boy of the Week--Dirk Boysen
- Couple of the Week--Steve and Theresa
- Birthdays--Chris Varney, Virginia Branin, Ron Hovey
- Teacher of the Week--Mr. Bruner
- Event of the Week--Bloom Dance
- Smile of the Week--Karen Pritchard
- Song of the Week--"Tighten Up"
- Legs of the Week--Lunda Wilkie
- Eyes of the Week--Andre Levy
- Noses of the Week--Robert Crane, Ross Brewer

Note: The people used all have birthdays this week. The "Echoes" wishes each and everyone a Happy Birthday.



HAPPINESS

- Happiness is...
- ...Making a touchdown
 - ...no P.O.D. for a day
 - ...getting an A on a test
 - ...having a party
 - ...Having long hair
 - ...having "HIM" ask you out

Gossip

Hey, Sue W., was the bus ride home fun Friday night?...Cyndi I. is the Champion Hamburger eaterYou had a bottle of WHAT, Pam?...Wow, how was the hitch-hiking from Atsugi, Tish and John? Couldn't you remember the name of the Train Station after all?...Leonard knows some pretty good jokes, doesn't he, L.K., L.S. and K.M.....Stone, Shis, and Undy had an all night party! (A three-some?)....Handsome and Super Handsome sure like Yokosuka....Louann and Debbie sure enjoyed the show after the football game Saturday....J.J. has fine Jibbs?...Special announcement worth one coke: Something about Golden Arm and his Golden something....Margaret Dyer's birthday un-slumber party was great!...Chofu's a sneeze?...Janet Bready spends her weekends in the dispensary! (How's your finger?)....

Record Review

A record recently on sale in Japan is CHEAP THRILLS, by Big Brother and the Holding Company. Crudely drawn pictures of Janis Joplin cavort across the cover in comic scenes that could be from L'il Abner, but seem to have no purpose or meaning other than to make Janis look like a Hairy, Ape-Faced Marilyn Monroe. An "Approved by Hell's Angels" seal gives the front cover a finishing effect. On the back, a scratched up photo of Janis is worse than the comics. The music on the record is still another bellyache. Though perhaps Joplin's voice is supposed to make up for her face, here she seems to try to make her voice as bad as possible, by singing in a surreal falsetto, which sounds like a scratched up Aretha Franklin record put on too fast. One song is a nauseating version of "Summertime." Why would the Holding Company waste Janis Joplin's great voice on singing like that? There is a rumor that she is going to quit, as she is getting a bum deal. Who could blame her?

Misery

- Misery is...
- ...having it called back
 - ...having Mr. Gagnon send a special assignment
 - ...finding out that's the test the teacher's
 - ...having parents crash it
 - ...having to get it cut
 - ...finding out your parents won't let you date him

Editorial Page

Virtually nothing comes out right the first time. Many of us frequently face a problem where we want to do something, but fail in doing it, because of fear of making a mistake. Mistakes are not only an acceptable part of life; they are essential to a full life.

A friend, who seemed quite self-assured, confessed that for years he had watched others ski, but was held back from trying it himself by the thought that he might appear ludicrous. One day it occurred to him that if he didn't ski now, he never would.

Let's face it, in any new thing you attempt, there will always be someone better in it than you are. But the pursuit of a full and rewarding life is not competitive; it is an individual search for happiness. One of the first things to realize is that accomplishment follows a natural course of trial and error. Trial and error may be a rocky road. But for those with courage, persistence, and a sense of adventure, it can lead to success.

Bombing Halt

President Johnson has called a bombing halt in Vietnam. But, what has this accomplished?

South Vietnam won't come to the conference table. They say it's their war. North Vietnam says they must now fight even harder to get the "foreign aggressors" out of Vietnam.

Are the North Vietnamese just going along this time to rebuild supply routes and make things harder on Americans in Vietnam? Why didn't President Johnson consult the South Vietnamese government before he called a bombing halt?

These and many other questions came to mind when we heard about the halt. It appears that the bombing halt is not going to solve anything. Is it perhaps simply a political maneuver by Johnson? Only time will tell the answers to these questions but we must ask one more question: Can we afford to wait?

Astrology: How True Is It ???

Have you ever seen a Horoscope Magazine on the store bookshelves? Have you wondered what it has to say about you? I do and I sometimes buy the daily guides, just to see how truthful the predictions are. For example, according to astrology my horoscope name is Virgo. Every month Horoscope Magazine puts out a Daily Guide for all names of astrological months.

Aries March 21--April 20, Taurus April 21--May 21, Gemini May 22--June 21, Cancer June 22--July 23, Libra September 24--October 23, Scorpio October 23--November 22, Sagittarius November 23--December 21, Capricorn December 22--January 20, Aquarius January 21--February 19, and Pisces February 20--March 20.

In the daily guide given to me on April 10th, Wednesday: "You can't expect too much in the way of cooperation or good advice from anyone today. Endeavor to keep free from needless tension." What really happened that day: My mother told me to check the mail to see if my tax return had arrived yet. I didn't take her advice as the horoscope stated. Next day I checked the mail and found out that the tax return had come in the mail the day before. On a different day, April 15th, Monday: "Friends and social connections play an important role in your life and affairs at the moment. Be alert for a chance to improve income; shun worry." That day I received ten dollars from my Grandmother. So how really dependable are the astrology magazines?

DRAFT CARD BURNING

The editorial page in the "Echoes" is primarily for the paper to express its views on world affairs. I'm not writing this article to fill up space, but to express my views on draft card burning.

Everyday you read in the paper of students burning their draft cards. This, as a whole, is a result of cowardice on the part of a young man. He says he burns it because he's opposed to the war. This may be true in some cases, but I feel that this young man is scared. He's afraid of the fact that he has to hold a gun and defend himself, defend himself against another young man who had no choice but to fight.

The penalty for draft card burning is 2-3½ years now. Not only would he be sentenced for a couple of years but also would lose public face. Why don't these young men wake up and face the fact that regardless of how they feel about the war they have an obligation to their country?

WHO WILL WIN THE POWDERPUFF?

The Yo-Hi Devils played a long, hard season of football. The Varsity Team came in 2nd place. Most of the members of the Varsity Team last year were Seniors, so not too many returned to play on the team this year. Coach Clumpner had a hard job of turning this year's team into a winning team because so many were new at playing Varsity football.

This year the Varsity consisted of Seniors, Juniors, Sophomores, and Freshmen. Next year the Yo-Hi Devils should come in 1st place, considering that there will be many of the players returning to play once again on the Varsity Team. So if our great coach stays with us we are assured of having the best team in the Kanto Plains.

J.V. No. 1

On Nov. 9, the J.V. Devils were defeated on the Yokosuka Seahawk field for the first time this year. They were defeated by a score of 23-0.

In the first half, the Devils seemed overconfident but soon they had nothing to be overconfident about as Chofu easily scored 23 points.

The second half was an even battle with both the J.V. Devils and Vikings scoring no points.

Even though the J.V. lost this game they are still in first place with only one loss.

Mystery Athlete

This week's mystery athlete was born in Tacoma, Washington. He weighs 135 pounds, is 5' 11", has brown hair and brown eyes. His main sports are football and skiing. He is the second string quarter-back on the Varsity team. He has attended Yo-Hi all of his high school years. He is well known to most of the students. One of his nicknames is "Eric". Can you guess who he is?

The Yo-Hi Devils crushed the Chofu Vikings and became the Tournament Champions of the Far East with an easy win of 36-14.

The Devils were out for revenge when the whistle blew for the kickoff. They drove down the field with short runs and passes to demolish Chofu's defense. Drazkowski threw a short pass to Richardson for 3 yd. touchdown. Richardson also made the extra points by catching a pass in the end-zone.

In the 2nd quarter the Devils once again drove to the goal line and again Drazkowski threw a 3 yd. pass to Richardson for another touchdown. Richardson once again scored the extra points on a pass and the half ended in a 16-0 romp.

After really getting moving in the second half Richardson wanted more action and got it on a reverse. He ran for 9 yds. losing his shoe but not his balance and made the score 30-8.

The Senior Defense and Offense was then put in with only five minutes left of the game. To the surprise of all they held Chofu to only one touchdown and scored one themselves when sub-quarterback Clark threw a high spiral pass to Richardson to make the final touchdown and end the game with a smashing win over the undefeated Vikings.

Fall Sports Banquet

The Fall Sports Banquet was held on Tuesday, November 12, 1968 at 7:00, at the Yokohama O Club. The Banquet was sponsored by the Boosters Club. There was quite a big turn out. In fact the turn out was so big that a few people waited ten minutes before getting seated.

Dinner was served promptly at 7:00. First the salad was served followed by the main course which consisted of, chicken Kiev, mashed potatoes, and peas. For desert there were chocolate eclairs. They served also iced tea, grape juice, and coffee.

The dinner was followed by the presentation of awards. Each coach called his team up and said a few words about the season and some of the players.

The Tennis team was the first called up. Coach Meunick presented the Captain's trophy to D. Nelson. The next team was the Cross Country team. Coach McCollar presented the Captain's trophy to L. Bowen. The J.V. team was next. Coaches McCurly and Adams presented the following awards. The Captain's trophy went to E. Pastiempo. W. Matsui got the most valuable back award. B. Watt got the most valuable lineman award. D. Bess received the most improved award. C. Miller got the best sportsmanship award, and S. Norden received an award for the most TD passes missed. The team gave the coaches a plaque in memory of the team. The Varsity team came up next. Coaches Clumpner and Bosman presented the following awards. The Captain's trophies went to J. Draskowski, C. Campbell, and J. Richardson. Best defensive lineman went to R. Hazen. Most improved went to M. McLaughlin. The Varsity coaches also gave out micro-trophies. Bryce Kelly received the outstanding worker trophy. K. Phillips got the most injured award. B. Bickle got the ugly award for his facial expressions out on the field. S. Mosman got the most guts award. D. McCorvey got the swivel hip award. And, last, but not least, J. Thompson got a wallet since his was stolen during his P.E. class.

After the presentations were made, a short movie was shown of the Yo-Hi vs. Chofu game.

The evening turned out to be a success and a lot of fun for everyone.

!! BANZAI !! Devils

ANSWER TO MYSTERY ATHLETE: KEN CLARK

JAPANESE Culture

Located between Tokyo and Kyoto, Nagoya is often called the "Central Capital" of Japan. Besides being an important industrial city, Nagoya is also known as the site of Atsuta Shrine, second only to Ise Jingu Shrines in importance to the native Japanese religion, and as the original headquarters of the Tokugawa clan which ruled Japan for 250 years. It is also the main gateway to the Ise-Shima National Park and to the Ise Complex of Shrines.

One of Nagoya's many sights include Nagoya Castle, originally built in 1612 by Tokugawa Ieyasu, founder of the Tokugawa Shogunate. Destroyed by fire in 1945, it was rebuilt in 1959 of ferro-concrete. The gold dolphins on the roof are the symbols of the city and are unique in Japan. The castle is open daily from 9 a.m. to 4:30 p.m.

Nagoya is the home of the pachinko game (pinball machine), a popular national indoor sport. There are many pachinko places near Nagoya station. Buy 50 yen's worth of steel balls at a time, if you care to try your luck.

The return of Furd the III

The biggest game of the year just happened to be on the day of Furd's eighteenth birthday and Furd thought maybe this day would be a turning point in his colorful existence. It took a while to convince the Athletic Director and his coach that he was sane but after careful planning and patience he succeeded in being re-admitted to the team's roster.

The ancient rivalry between Left C. Wing High and Peabody could have never been surpassed in a million years. The hate between these schools was the most amazing display of human emotions ever to be witnessed by the naked eye.

Peabody was quite a distance from Wing High and it was to be Peabody's home game. This meant that the trip would take about three or four hours and Furd is a person with a very unusual appetite.

With all of the equipment loaded and the players in their seats, they were all ready to depart. Suddenly, a walking grocery bag came around the corner. Beneath the giant bag we saw our hero. The coach immediately wanted to know why he had put his uniform in a grocery bag. Furd slowly lifted his head with a bewildered glance and stated, "This isn't my equipment coach, it's my lunch."

For the next three and a half hours our pal was contented as he sat and ate peanut butter, jelly, sardines, mustard, baloney, and cheese. This vast assortment of exquisite food Furd combined to make a Furburger, a Furd's Delight, and so on. After a most interesting trip, they arrived at Peabody High....

(cont. next week)

Fads 'n' Fashions

Do you want to show that "special boy" that you're different from all the other girls? You can by the way you put your accessories together. The way you use your "finds" can make the difference between just any stereotyped girl and "only you."

There are all kinds of things you could do--- a single dangly earring hung on a chain, smashing cuff links or tie pins, or even striped, webbed helts to replace the chains on a handbag.

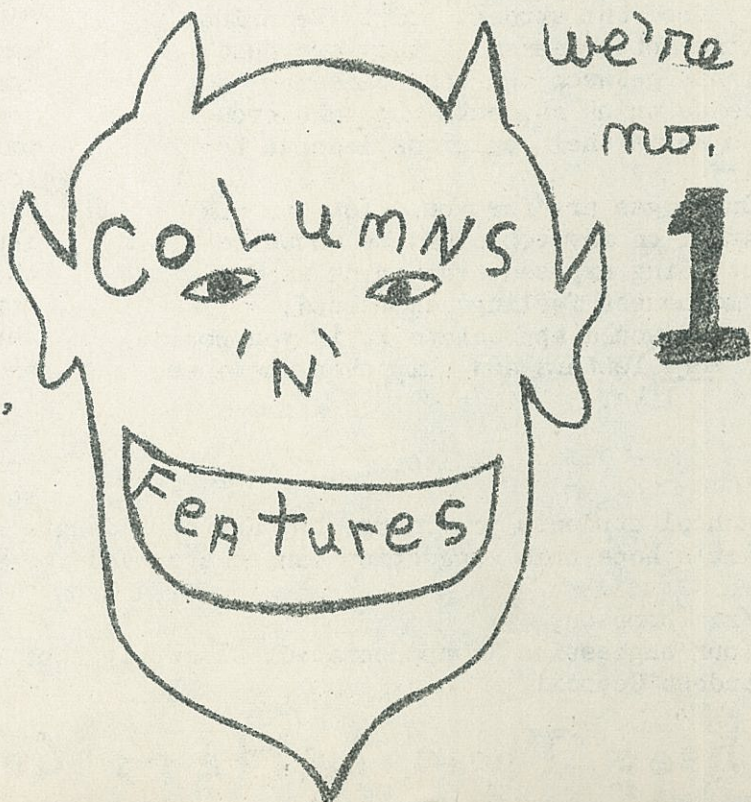
There is a great opportunity when necklaces or pendants become belts and vice versa. It is smart to have a collection of chains, antique and new.

Another idea is a mixture of tweeds and plaids or tweeds with ordinary wool for outfits. To this, add a wide leather belt, tasseled chain and even a silk handkerchief in the jacket pocket to give a very tailored look.

Or wear a classic V-neck sweater and plaid pants with a satin shirt, or even a conservative suit and accent it with a satin shirt, beads, and chains.

Juicy Gossip....

Hey, Hud, how was the mud?...Mike likes to hit puddles at 80 kph....Mr. Miller doesn't like third period class, does he, Watt?...Hey, Ronnie, how was the fried rice with C.H. and R.R. after Atsugi?...What no soba?...Ski's mom sure gets a lot of pizza, but with nine guys, it sure does go fast....Hud's security is a pillow which everyone wants....Only 22 days, B.J....Swain took an unexpected shower Sunday morning around 3:00 a.m....Just couldn't do it! Could you, Chris....Membership to Mama Lou's is closed. Interview by special appointment only. You need not be experienced, but it helps. Contact Mama Lou. A special meeting will be held sometime....B.B., get lost! Ha! Ha!...Swain has a secret admirer, you know?...Purple tennis shoes is getting picked on by little H.J....L.E., you know how much I hate you. Dennis is hanging by a string....There's a new dance out---it's called the Homer....Swift move, Sue....When Janet hurts herself, she certainly does a good job of it....What were you doing in the bathroom Friday night, Gary?



From Our Mail Box

Mail

Dear "Echoes"

Why don't you stop printing letters indiscriminately and start trying to rectify some of the reasons for the complaints?

It seems that all you do is merely print a letter on your "Mailbox" page.

Do you ever stop to read some of the letters that you continuously print?

May I bring attention to a series of childish letters between a sophomore and a freshman, that began as a suggestion to have water in the pond. Perhaps the first letters on this subject were beneficial. But now look out the window. The pond is already filled with white sand!

Also, there were several angry letters from underclassmen that seniors should stop calling the garden "The Senior Garden" if they were going to have underclassmen clean it. The Senior Class never suggested that. It was an idea that slowly evolved in the letters between "Sophisticated Sophomore" and "Proud Freshman." Those letters ought to be put on file as a case history of stupidity in the making.

Why the underclassmen feel that they have to waste readers' time arguing about the Senior Garden is beyond me.

Thank You,
Jam.

reasons answers reasons answers reasons answers reasons answers

Dear Jam:

Regarding your letter, I have received several letters of complaint about letters that are "sick". I have heard personally that these letters should not be printed.

But, look at it from our point of view. We set up a mailbox so that anyone could write a letter and address the student body of the school. Even though, as it stands now, that mailbox is filled with some trash (letters signed "sucker," etc.) it does usually represent the viewpoint of students who are interested in their school.

Our back page is reserved to print letters from the student body. We print all these letters even if they are just arguments between two underclassmen because we think students who take enough time to write their opinions deserve to be heard.

Our pages are for you. You can ask a question on any topic and be answered without being exposed. We think we do get some honest feelings expressed.

So we would appreciate it if you would submit more letters and skip over the ones you don't like.

Editor

high school students providing they are considerate of others also using the lounge.

Let's hope this suggestion can be arranged for the students.

Thompson

Dear Mr. Thompson,

Your suggestion is appreciated. I surely hope that your idea will be discussed by the Student Council.

Editor

Keep Those Letters Coming!!

Dear "Echoes"

Help! Looking out the window on November 8, second period, I noticed a TERRIBLE thing! Someone was stealing rocks from the Senior Garden.

Call the Police! Do something! If anyone is going to take rocks from the Garden it should be a Senior if and only if he is asked to remove them.

Rock Stealing?? A HORRIFIED SENIOR

call the spf??

Dear A. H. S.

Just as soon as I read your letter, which was during sixth period I ran to the window and looked at the Senior Garden. I didn't see any rocks missing. But if you did and you are sure please report it to Mr. Gagnon or Kit Freed.

Editor

Senior Garden



Dear "Echoes"

The Senior Garden is becoming very attractive. But does it have a purpose in the activities of the school? With The new buildings being built, less campus grounds are available for the students to use. So, I propose that we give a definite purpose for the Senior Garden area.

A student should have a garden area where he can relax away from the constant routine of his classes. After covering all the grounds around the building of Yo-Hi, I have discovered the Senior Garden area is a perfect place to establish a student recreation area.

As you know the senior garden is closed in, so this will help keep the middle school students away from this area. Patio equipment should be purchased—or even made by our shop class and be placed in the garden area. Lounge chairs (such as those found in summer resorts) should also be placed in this area.

When a student has a free period he may relax in the garden area. During lunch hours, this area should only be used by seniors—giving them a senior privilege and leaving the student lounge for other students.

Almost all students find the student lounge uncomfortable and overcrowded by the middle school students. Since the student lounge furniture is mostly desks, the lounge should be a place to study and the garden area a place to relax.

No middle school student should be allowed in this area, making it a high school area only. The student lounge should be for both middle school and